



# Junior Red Cross Hand Book



**JEAN HENRY DUNANT**  
**FOUNDER**

1828-1910

**INDIAN RED CROSS SOCIETY**  
**KARNATAKA STATE BRANCH, Bengaluru - 560 001**





**INDIAN RED CROSS SOCIETY HAS BEEN  
AWARDED NOBEL PEACE PRIZE FOR 4 TIMES**

- |      |   |
|------|---|
| 1901 | Henry Dunant was awarded<br>1st Nobel Peace Prize   |
| 1917 | International Committee of the Red<br>Cross awarded Nobel Peace Prize                     |
| 1944 | International Committee of the Red<br>Cross awarded Nobel Peace Prize                     |
| 1963 | International Committee of the Red<br>Cross & League Jointly awarded<br>Nobel Peace Prize |

## *Vice President's Message*

Dear Students, Teachers, and Members of the Red Cross Family,



It gives me great pleasure to address you all on this special occasion dedicated to the Red Cross and its remarkable humanitarian work. The Red Cross stands as a symbol of compassion, service, and hope. Its tireless efforts to save lives, relieve suffering, and uphold human dignity inspire millions across the world.

As young students, you represent the spirit of a new generation - energetic, compassionate, and ready to make a difference. The values of the Red Cross - humanity, impartiality, neutrality, independence, voluntary service, unity, and universality - are values that each of us should strive to live by every day.

I encourage you to participate actively in Red Cross programs, volunteer activities, and community service. Small acts of kindness, helping someone in need, spreading awareness about health and hygiene - can create a big impact. Remember, service to humanity is the greatest service of all.

Let us all take inspiration from the Red Cross and work together to build a more caring and peaceful world.

Thank you and best wishes to all.

**Bhaskar Rao, IPS (Retd)**

Vice-President

Indian Red Cross Society

Karnataka State Branch, Bengaluru

## *Chairman's Message*

My Dear Junior Red Cross Members/ volunteers.

It gives me immense pleasure to convey my warm greetings to all the young humanitarian volunteers of the Junior Red Cross in Karnataka. Each one of you represents hope, service, and compassion with commitments, the four pillars on which the Red Cross movement stands.



The world today needs young people who care for others, who extend a helping hand, and who believe in humanity above everything else. Through your participation in health awareness, first aid, blood donation motivation, environmental conservation, and humanitarian activities, you are not just students—you are role models and responsible citizens of tomorrow.

The Junior Red Cross has always been a powerful platform that nurtures discipline, empathy, leadership, and social responsibility. I am proud of the dedication shown by our JRC counsellors, school authorities, and volunteers who continue to carry forward the noble ideals of the Red Cross.

encourage every JRC member to learn more, serve more, and inspire others to join this noble mission. Even a small act of kindness can change a life—and you all have the power to create a better and safer world.

My heartfelt best wishes to our respected JRC state Director , committee members ,State Adviser Dr H S Suresh & to every JRC unit across Karnataka. May this handbook guide you, motivate you, and strengthen your commitment to humanitarian service.

With warm regards and deep appreciation

**Basrur Rajeev Shetty**

Chairman

Indian Red Cross Society

Karnataka State Branch, Bengaluru

## *Vice-Chairman's Message*

My dear Junior Red Cross Members,

It is with great pleasure that I address you as we launch this essential Junior Red Cross Handbook. You represent the future of our movement, and your commitment to service is truly inspiring.



### **Our Foundation: Humanitarian Values**

The core of the Red Cross lies in our seven Fundamental Principles: Humanity, Impartiality, Neutrality, Independence, Voluntary Service, Unity, and Universality.

These are not just words; they are the values that must guide every action you take. Embrace Humanity by preventing and alleviating human suffering, and practice Impartiality by helping all those in need without discrimination. By internalizing these values, you become a powerful force for good in your schools and communities.

### **Cultivating Leadership and Teamwork**

This handbook is designed to empower you not just as volunteers, but as emerging leaders.

- ✧ Leadership isn't about giving orders; it's about setting an example of service, empathy, and responsibility.
- ✧ Work together, support each other, and practice teamwork. Great achievements are always the result of a united effort.
- ✧ Use the resources in this book to enhance your skills in first aid, disaster preparedness, and community

outreach. Selfless service is the highest form of leadership.

## **Achieving Our Objectives**

Our primary objective is simple but profound: to serve the vulnerable.

Your efforts, guided by the principles and skills you gain from this handbook, directly contribute to the Red Cross's broader goals of:

- ✧ Protecting Health and Life.
- ✧ Promoting National and International Friendship.
- ✧ Serving the Community.

I urge you to study this handbook thoroughly, apply its lessons diligently, and strive to reach the objectives of the Red Cross with passion and dedication. Your energy and idealism are vital for creating a more compassionate and resilient world.

Thank you for answering the call to serve.

With best wishes

**Dr. Srinivas Hyati**

Vice Chairman

Indian Red Cross Society

Karnataka state Branch, Bengaluru

## *Director's Message*

Dear Students,

The Red Cross is a global movement dedicated to serving humanity without discrimination. It inspires us to show compassion, kindness, and respect for all people, especially those in distress.



The fundamental principles of the Red Cross Humanity, Impartiality, Neutrality, Independence, Voluntary Service, Unity, and Universality guide every action of its members. These principles remind us to rise above differences of religion, race, or language, and to work for the welfare of others.

The main objectives of the Red Cross are to relieve suffering, protect life and health, promote peace, and prepare people to respond to emergencies and disasters.

As students, you are the future of our society. By practicing the humanitarian values of empathy, service, and unity, you can make a real difference. Let us all take inspiration from the Red Cross and work together to build a more compassionate and peaceful world.

Serve Humanity, Spread Kindness, Build Peace.

**Veeresh Patel**

Director

JRC Sub Committee

Indian Red Cross Society

Karnataka state Branch, Bengaluru

# CONTENTS

Chapter	Subject	Page No.
i	The Birth of Red Cross	9
ii	Life History of Jean Henry Dunant	18
iii	Geneva Conventions	22
iv	International Red Cross Its Organisation	32
v	Red Cross Principles	39
vi	Red Cross Emblem	42
vii	Disasters & Preparedness	47
viii	Indian Red Cross Society	53
ix	Indian Red Cross Society (Karnataka State Branch)	59
x	Junior Red Cross & Youth Red Cross	67
xi	First Aid	84
xii	Self Hygiene	91
xiii	School Safety	95
xiv	Covid-19 Virus	100
xv	Adolescents Problems	105
xvi	Independent Life	112
xvii	Interpersonal Relationships	114
xviii	Advantage of the Internet & Gadgets	117
xix	Road Safety Measures	119
xx	About Cancer Awareness	122



## The Birth of Red Cross

---

**The Battle of Solferino:** The story of Red Cross is an interesting episode in human history and it began in a place where there was an inhuman battle that was fought on 24th June 1859. The combined armies of France and Italy were on one side and the Austrian army were on the other side. Napoleon III commanded the combined armies of France and Italy and more than three Lakh people fought the battle.

The battle at ‘Solferino’ on 24th June 1859, was a bitter one and was fought for over 15 hours and in the end, the whole battlefield was strewn with the dead and wounded. In those days, the armies had very few hospitals and doctors and this was insufficient to look after the wounded soldiers and give them treatment.

By sunset, “**Jean Henry Dunant**”, a Swiss National started rendering his support & help did what he could do to the wounded soldiers. With the help of local villagers, he picked the wounded and brought them in ox-carts to Castiglione and put them in private homes, churches, monasteries and barracks.

Henry Dunant was a Swiss merchant. He had come to meet Napoleon to obtain permission to run



corn mills in Algeria. He had, on his way seen the injured in the battlefield. He heard the groans of the wounded. He organized a band of volunteers to give medical relief. Among the wounded, there were people of all Nationalities.

As days passed by, people forgot about the battle that was fought so ferociously. But to Dunant the agonizing scene made such an impression in his mind



that he thought that two things were necessary to prevent future suffering in human race.

1. An International Organization of Volunteers formed in advance in all countries during peacetime, which should go into action immediately on the outbreak of war to help the wounded in the battlefield, irrespective of Nationality.

2. To make this work possible, Nations must sign an international treaty declaring the wounded soldiers, the doctors and others as **Neutrals**.

He published a book called '**The Memory of Solferino**' and distributed the copies to Heads of States, Journalists and Welfare Institutions all over the World.

After reading this wonderful book, a charitable institution in Geneva called Geneva Public Welfare Society promised to help Dunant in his mission. A committee consisting of five persons with Dunant as its Secretary was formed to find ways and means of achieving the objective. The members were :



- ❑ General G. Henry Dufour - President
- ❑ Mr. Gustave Moynier - Vice President
- ❑ Dr. Theodore Mamnoir - Member
- ❑ Dr. Louis Appia - Member
- ❑ Mr. Henry Dunant - Secretary

General Henry Dufour was a retired Commander in Chief of Federal army of Switzerland. Mr. Moynier was a social worker and the others were Doctors & well known Surgeons.

The committee met on 17th February 1863 and decided to convene an International Conference at Geneva in October 1863 to form an organization. Later Dunant toured the German speaking States in Europe, Russia, Bavaria, Austria etc., where he met kings and ministers who promised to help him.

Dunant travelled all over the World and met the prominent persons to secure their support for the plans. As a result of his efforts leaders of other Nations met at an International Conference in Geneva on 26th October 1863 to discuss the proposals.

General Dufour presided over it. Delegates of 16 Countries attended this conference.

It was decided at this conference to set up an International Organizations called **The Society for Aid to Wounded Soldiers** and the society later came to be called the “**Red Cross Society**”.

First, it was felt that each nation should have a voluntary organization in peacetime alone, so that when hostilities break out this organization would gear up and switch on to wartime activities without any loss of time. Giving relief to the wounded soldiers in times of war was the main objective of this organization. Secondly, it was agreed that workers engaged in providing this relief should be considered as neutrals since they would not take part in the war.

It was considered that an Emblem of a Red Cross on a white background was a suitable sign to represent such neutrals engaged in providing relief to the wounded in the battlefield. And this sign on a badge and on a flag was adopted under which the Red Cross Volunteers could work. The National flag of Switzerland has a white cross on a red background. Since Henry Dunant also

belonged to Switzerland and by reversing these colours i.e., a red cross on a white background, the conference felt that it was indirectly paying tribute to Switzerland. It was also felt that similar organization ought to exist in all nations and an **International Committee** was appointed to organize **National Committees** in various countries. These National committees were the Executive bodies to the National Red Cross Societies in different countries.

The committee of five members requested the Swiss Government to convene an International Conference consisting of representatives from other Nations. Accordingly, the Swiss Government convened a diplomatic conference, which was held on 8th May 1864. After deliberations carried out for about two weeks, the suggestion to recognize the National and International Societies were accepted by all participating Countries.


A draft treaty called the First Geneva Convention was signed on 12th August 1864 by 12 nations. According to this Convention, it was binding on the countries engaged in war.

- ❑ To give medical assistance to the sick and the wounded soldiers in times of war irrespective of their Nationality.
- ❑ To consider that army medical personnel, ambulance and hospital in which they work, and the auxiliary staff attending on them as Neutrals and to guarantee their safety.
- ❑ To recognize the Red Cross symbol on a white background as a **protective symbol**.

At this conference the name of **International Committee of Five** was changed to **International Committee of the Red Cross**.

Today, there are more than 192 Nations who have established National Red Cross Societies in their countries all over the world in different names and styles like Red Crescent, Red Lion, Sun Society etc.,

In the following years Dunant was actively associated with the formation of the Red Cross and it was largely due to his efforts. In the First Geneva Convention, the below mentioned principles were accepted.

 **The Emblem:** For the protection of the volunteers on the battlefield the conference prescribed



a distinctive badge to be worn by them, a Red Cross on a white background. It is formed by the reversion of the colours of the Swiss flag, which is a white cross on a red background. All the four arms of the cross are equal to one another.

The Red Cross symbol is displayed on flags and on all equipments used by the medical services. Persons and articles displaying Red Cross emblems have to be considered as **neutrals** and be protected according to the Geneva Conventions.

It is interesting to note that the National Society for Aid to Wounded Soldiers was formed within 2 months of the International conference. In 1867, the Netherlands Society came into existence with the name Red Cross Society. Gradually this became a practice for other National Societies. By 1878, all the National Societies named themselves as Red Cross Societies. In 1880 the Geneva Committee of five, which was still then called International Committee for Aid to wounded soldiers officially took its present name: **International Committee of the Red Cross.**



## LIFE HISTORY OF JEAN HENRY DUNANT

Founder of Red Cross

(1<sup>st</sup> Nobel Prize Winner for Peace in the year 1901)

---

Jean Henry Dunant was born on May 8th 1828 in Geneva, Switzerland. He inherited his father's interest in business and his mother's deep religious convictions. As a boy, he used to visit with his mother the houses of poor families and give articles of food, medicines to the aged and sick. Henry Dunant's father Jean Jacques Dunant was a social worker too.

In college Dunant was a brilliant student and yet he did not complete his studies to obtain a degree. To him work was more important than study and helping people was always his aim. Dunant was a Fluent speaker. He and his friends were interested in religious discussions. They formed such religious groups in other parts of

Switzerland and later in other countries. In 1844, **Young Men's Christian Association (YMCA)** was started in England and Dunant and his friends began calling their religious groups after the name of Y.M.C.A.

Dunant was anxious to build up a career for himself. He entered into service in a big bank in Geneva. In 1853, he was sent to Algeria in North Africa by the bank authorities as Cashier of a new business which was started by them.

Even in Algeria, as a member of Y.M.C.A. Dunant carried his mission of service. His interest in religion now turned more towards humanitarian work, particularly against slavery. Being a member of the Y.M.C.A. he persuaded the Y.M.C.A. groups to take up the cause of the slaves and later proposed the formation of World Federation of Young Men's Christian Association, and he suggested an International conference to be convened in Paris for the purpose of forming the World Federation.

During the Franco Prussian war in 1870 and 1871 Dunant advised the French Government to create

neutralization of few towns, where the wounded and sick soldiers could be sheltered.

Even in these adverse circumstances Henry Dunant was always thinking of relief to the distressed and he drew up a plan for the betterment of the prisoners of war, which later on in 1929 formed the basis of the Third Geneva Convention. He also sponsored proposals for the protection of the sick and wounded at sea.

Around a period from 1876, he was in severe poverty and leading a very difficult life. He disappeared from the vision of people. He was found in the small town of Heiden, Eastern Switzerland again serving people in the year 1887.

In 1895, a journalist who came to Heiden to see Dunant sought an interview and gave him wide publicity. The greatest honor in the history of humanity came to him in 1901, when he was awarded the **“First Nobel Prize”** for peace. The International Committee of Red Cross sent this message from Geneva, **“There is no other man, who deserves this honor more than you. It was you who dedicated your 40 years of life in becoming the stepping stone to start a**



**International Organization, Which aims to provide relief to the wounded soldiers at the battlefield. In the era of 19th century without you, the supreme achievement of establishing a humanitarian organization would never be possible".** Until his death, he continued his selfless service in a charitable hospital. On Sunday the **30th October 1910**, Jean Henry Dunant, the founder of the Red Cross, who had saved millions through his compassion passed away at **Heiden**.

Henry Dunant once wrote that his ideas could be expressed in three simple words; **"People helping People"**. These words express just what Red Cross has been doing. By its helpful services Red Cross has become a **source of universal hope and comfort**. Red Cross has become a full time service organization serving at both war time **as well as peace time activities**.

All over the World, 8th May, the birthday of Jean Henry Dunant, is observed as **World Red Cross Day** every year.



## GENEVA CONVENTIONS

---

Until 1864 there was no permanent treaty binding Nations. There were some temporary agreements between two Nations to protect the defeated Army or Nursing the wounded soldiers.

Dunant was responsible for the signing of the First Geneva Convention incorporating the principles of the Red Cross, which was signed by 12 Nations on 12th August, 1864. During subsequent years, wars were still being fought and problems that arise due to wars were solved. These were incorporated in subsequent conventions.

The Second Geneva Convention was signed on 6th July 1906 and it dealt with victims involved in the Naval Warfare. The Third Geneva Convention was signed on 12th July 1929 and it included treatment of prisoners

of war. Finally, the Fourth Geneva Convention was signed on 12th August 1949. It was the civilian population involved in war that received its attention.

### **THE FIRST GENEVA CONVENTION:-**

This was intended to protect the sick and wounded soldiers on the battlefield. Some of the main provisions are as follows.

1. The sick and the wounded on the battlefield should be found, protected and medical treatment should be given, without any distinction of Nationality.
2. The dead have to be searched for and information about them has to be given to the Red Cross.
3. Wounded soldiers and troops that surrender should not be attacked.
4. The ambulance, medical personnel, hospital staff should not be attacked and shall be treated as Neutrals and their safety should be guaranteed.
5. The Red Cross symbol on a white background has to be recognized as the protective symbol.

6. The hospital and other establishments protected by this sign cannot be used in any other way to support the war effort by the fighting forces.
7. The Military authorities would be in charge of maintaining the record of sick and wounded / dead Soldiers and inform the same to the Opposition army through an intermediate agency called Central Prisoners of War Agency.
8. The army can take the assistance of the civilian population and relief organizations in occupied areas to find the wounded and provide care to them. The persons nursing the wounded should not be molested or convicted.
9. Army priests have to be protected.

### **THE SECOND GENEVA CONVENTION :-**

In this convention, the provisions of the First Geneva convention were extended to protect the sick and the wounded in naval warfare. It was also made applicable to ship wrecked persons as well.



## THE THIRD GENEVA CONVENTION :-

This is meant for the welfare of the prisoners of war.

1. The prisoners of war should be accommodated in a safe place. They should be provided with good food and clothing, Medical facilities should be given when required and they also should be given the freedom of worship according to their faith.
2. They should be provided with the facilities as prescribed in the Scheduled correspondence.
3. The Prisoners of war should be treated with respect regardless of their sex.
4. The prisoners of war have to give their details such as Name, Address, Proof of Identity and Particulars of regiment etc.
5. International committee of Red Cross must have the facilities to distribute relief materials to them.
6. Representatives of International Committee of Red Cross must be given access to visit prisoners of war in their camps and talk to them

in private to consult them about actual living conditions and enquire about their grievances etc.

7. They should be protected against inhuman treatments. They should not be used for any experimental purpose and without conducting proper enquiry, they should not be executed.
8. They must be subjected to medical examination once in every 6 months.
9. The prisoners of war can be used as labourers and considering their age, sex, and Grade different types of work can be assigned.
10. The Prisoners of war must be paid for their work according to their Grades.
11. The prisoners of war are permitted to elect their own representative by secret ballot system once in every six months. The selected candidates will be representing the prisoners of war in front of the military officers and the International committee of Red Cross.

## THE FOURTH GENEVA CONVENTION:-

This relates to the safety of civilian population during the war. It is the responsibility of the occupying army to protect them.

1. Creation of Safety Zones:- The hospitals and areas are established in a organized manner to protect wounded soldiers, aged persons, children under 15 years of age, expectant mothers and mothers of children under 7 years of age, from the effects of war.

The warring parties in the besieged or encircled area should not attack the wounded soldiers, the



sick, the aged, children and maternity cases and also they should allow priests, doctors, medical equipment, etc.,

2. Civil Hospitals which treat the sick and wounded people, aged and maternity cases should not be attacked. Medical Personnel working in such civil hospitals should have the freedom to work.
3. **Relief Articles:** Medical equipments & hospital materials & things related to religious worship should be allowed without objection.



4. **Child Welfare:** Children under 15 years of age who are orphans or separated from their families, should be taken care by giving them the required, education and other facilities.



5. **Family News** : People who are under occupation should be allowed to communicate the news of their well being to relatives living away from them.



6. **Protected Persons** : A Protected person is one who at the outbreak of war remains in the hands of the warring party or army of occupation and does not belong to either of warring nationalities.
- ☐ Protected people must be permitted to continue their religious pursuits and are entitled to their rights and humane treatment.
  - ☐ Protected people shall have the facility to apply to the protecting power with International Committee of Red Cross or the National Red Cross Society to Protect them.

- ☐ Protected people should not be forced to give any information that he may be aware of.
  - ☐ Plundering or looting of property is prohibited.
7. **Foreigners :** The foreigners belonging to the enemy living in a country at the time of out break of war are permitted to leave the country. They can also be interned by the warring nations. In this case, they should receive relief, medical attention and hospitalization, if needed.
  8. Displacement of protected people from an occupied territory of deportation to the territory of the occupying power is prohibited.
  9. The occupying power should ensure smooth running of establishments for the care and education of children.
  10. The occupying power is responsible for the maintenance of law and order.

11. The occupying power should ensure adequate supply of food and other articles to the citizens of the occupied territory.
12. Destruction of private property is forbidden.
13. The National Red Cross Society should be allowed to give relief articles to the people and to carry on its humanitarian work.
14. The civilian internees cannot be forced to work.

These Conventions are applicable during rebellions or civil wars that occur in any country.



## INTERNATIONAL RED CROSS ITS ORGANISATION

---

The organization chart of **International Red Cross** is a complex one. International Red Cross is the collective name for the **International Committee of Red Cross (ICRC), National Red Cross Societies and the International Federation of Red Cross**. These three bodies, though different in their composition and functions are held together by the **International Red Cross Conference**. The International Red Cross Conference is the supreme authority of the Red Cross. The International Red Cross Conference lays down the principles of the organization as a whole and issues instructions to the constituent bodies to carry out the work allotted to them.

The conference meets once in four years. It consists of representatives of the Red Cross Societies



and Governments that are parties to the Geneva Convention. To know the organization of International Red Cross, we have to know the nature and functions of these Five institutions.

1. International Committee of Red Cross (ICRC)
2. National Red Cross Societies
3. International Federation of Red Cross Societies
4. International Red Cross Conference
5. Standing Commission of the International Red Cross.

## **1 INTERNATIONAL COMMITTEE OF THE RED CROSS (ICRC)**

The International Committee of the Red Cross is a non governmental, non political, non religious & independent organization. It has its head quarters at Geneva in Switzerland, a Country which has all along been neutral.

It is composed exclusively of Swiss citizens and consists of members not exceeding 25 members. These 25 Swiss citizens are the country's most important personalities. These members are not nominated by Government nor are they elected. They are all co-opted.

The Committee elects its own President. When any member dies, his place is taken by another Swiss citizen. The word International does not mean that the Committee is composed of citizens of many countries. It only means that the International committee is spread globally.

## **2. NATIONAL RED CROSS SOCIETIES :**

The XVII International Red Cross Conference held in Stockholm in 1948 laid down 10 conditions which must be fulfilled by a National Red Cross Society before it is recognized by the International Committee of Red Cross. Some of the important conditions are:

1. The country should be an independent country which has access to the Geneva Convention.
2. It should be the only National Red Cross Organization in the Country.
3. It should be recognized by the Government of the Country, as its auxiliary relief organization.
4. It should be independent to the government, that means it has to work independently.
5. It should extend the benefits of its services to the people of its country without discriminating religion, colour, political beliefs etc.,

During normal times the burden of humanitarian work is the responsibility of the National Red Cross Society and the three main objectives are:

- ☐ Promotion of health
- ☐ Prevention of disease
- ☐ Mitigation of suffering

### **3. INTERNATIONAL FEDERATION OF RED CROSS SOCIETIES :**

The League is an International Federation of all the National Red Cross, Red Crescent and Red Lion and Sun Societies. It was established on 5th May 1919 in Paris for the purpose of mutual co-operation and to assist the National Societies in their varied activities, particularly in the field of improvement of health, prevention of disease and mitigation of suffering.

### **4. INTERNATIONAL RED CROSS CONFERENCE:**

The supreme authority of Red Cross is the International Red Cross Conference, which usually meets once in 4 years. According to convention head of the country's National society where the conference takes place will also be the head for the conference. It is composed of:

1. The International Committee of Red Cross.
2. The League of the Red Cross Society.
3. Representatives from all the National Red Cross, Red Crescent, Red Lion and Sun Societies.
4. Representatives from all the Governments that have signed the Geneva Conventions.

#### **5. STANDING COMMISSION OF THE INTERNATIONAL RED CROSS:**

The Standing Commission is composed of 9 members. Its functions are:

1. To make arrangements for holding the next International Conference in collaboration with the National Red Cross Society and to draw up the agenda.
2. To bring harmony between the International committee of Red Cross and the league between the time period of two conferences



## **International Red Cross & Red Crescent movement is made up as the following.**



**The International Committee of Red Cross** is an Impartial, neutral and independent organization whose humanitarian mission is to protect the lives and dignity of victims of war and internal violence and to provide them with assistance. It directs and coordinates the International relief activities conducted by the Movement in situations of conflict. It also endeavours to prevent suffering by promoting and strengthening humanitarian law and universal humanitarian principles. Established in 1863, the ICRC is at the origin of the International Red Cross and Red Crescent Movement.



**The International Federation of Red Cross and Red Crescent Societies** work on the basis of the Principles of the Red Cross and Red Crescent Movement to inspire, facilitate and promote all humanitarian activities carried out by its member National Societies to improve the situation of the most vulnerable people. Founded in 1919, the Federation directs and coordinates international health emergencies. It acts as the official representative of its member Societies in the International field. It promotes cooperation between National Societies, and works to strengthen their capacity to carry out effective disaster preparedness, health and social programmes.



**National Red Cross and Red Crescent Societies** embody the work and principles of the International Red Cross and Red Crescent Movement in more than 192 countries. National Societies act as auxiliaries to the public authorities of their own countries in the humanitarian field and provide a range of services including disaster relief, health and social programmes. During wartime, National Societies assist the affected civilian population and support the army medical services.

## RED CROSS PRINCIPLES

---

During war the Red Cross endeavours to induce to act according to the fundamental principles laid down by the Geneva conventions held in October, 1965 at Vienna. Though the Red Cross has no powers to stop wars it attempts to build up a society where all are considered as brothers. If this thought has to be realized it is the duty of every one of us to support Red Cross and act according to the following fundamental principles of Red Cross in times of war and peace.

**Humanity :** Red Cross is born of desire to bring assistance without discrimination to the wounded on the battle field. It endeavours, in the international capacity, to prevent and alleviate human suffering wherever it may be found. Its prime purpose is to protect life, health and to ensure respect for the human beings.

It promotes mutual understanding, friendship, co-operation and lasting peace amongst all people.

### **Impartiality :**

It makes no discrimination as to nationality, race, religious beliefs, class or political opinions.

### **Neutrality :**

To protect the confidence that people have in Red Cross. It may not take sides in hostilities, or engage at any time in controversies of a political, racial, religious or ideological nature.

### **Independence :**

Red Cross is International and independent. The National societies while being auxiliaries in the humanitarian services of their own governments are subjected to the laws of their own autonomy so that they may be able at all times to act in accordance with Red Cross Principles.

### **Voluntary Service :**

The Red Cross is a voluntary relief organization. It does not work for any profit.



### Unity :

There can be only one Red Cross Society in any country. It must be open to all and it must carry on its humanitarian work throughout its country.

### Universality :

The Red Cross is a world wide institution in which all societies have equal status and they Share equal responsibilities and duties in helping others.





## RED CROSS EMBLEM

---

### 1. What is Red Cross emblem?

It is used by those people belonging to the Red Cross Movement and Army Medical Services who are involved in humanitarian work mainly in times of armed conflicts and Natural Disasters. It is not the emblem of medical professionals and its use is regulated by International and National laws.

### 2. Why was the Red Cross emblem adopted in 1864 at the First Embassy Level Conference in Geneva?

During the Embassy Level Conference in 1864, to identify the relief medical committee and army Medical Services, Red Cross adopted a Neutral Red Cross sign and the same was approved by the conference. It was adopted to facilitate access to the wounded soldiers

and other victims of war, so that much needed assistance could reach them in time. **Red Cross on white background**, which is formed by reversing the colors of the Swiss Federal flag was adopted to pay tribute to Switzerland which played a key role in establishing National relief societies and convening the First Geneva Conference. The Geneva Conventions of 1949, which now forms the basis of International Humanitarian Law (IHL), retained this emblem, besides recognizing two more symbols; the Red Crescent and the Red Lion and Sun on a white background.

### 3. What is the significance of the Red Cross emblem?

The approved Red Cross Emblem in the Geneva Conventions has become a universally known and legally sanctioned neutral sign to identify people to protect themselves in situations of armed conflict, i.e., the armed forces medical units, the chaplains and the relief committees. They are in the battlefield exclusively for the amelioration of the condition of the wounded and sick soldiers and other victims of war and are protected from all kinds of hostile military action

under International Humanitarian Law. The Red Cross emblem is expected in International Humanitarian law to stimulate a reflex of restraint and respect from the combatants in the battlefield. Use and repression of misuse of Red Cross emblem is regulated by International and National laws. When the components of the Red Cross Movement use this emblem, it signifies the seven fundamental Principles, which underlie their humanitarian and relief activities in situations of armed conflicts and Natural disasters.

#### **4. Who are the authorized users?**

- ☐ The military medical services, their personnel, units, installations and means of transport.
- ☐ International Committee of the Red Cross (ICRC).
- ☐ The International Federation of Red Cross and Red Crescent Societies (The Federation).
- ☐ National Societies.
- ☐ First aid centre that offers totally free medical assistance and are authorized by their National society.

## **5. What constitutes misuse of the emblem?**

Following acts are considered as misuse of the emblem:

- ☐ Use of the emblem by those who are not authorized by the laws. (1949 Geneva Conventions, Additional Protocols of 1977 and Geneva Conventions Act 1960 of India)
- ☐ Improper use of the emblem by those who are authorized to use it.
- ☐ Imitation of Red Cross emblem by using a symbol similar to it.
- ☐ Perfidious use of the emblem to betray the confidence of adversary in a military action.

## **6. What is the Indian national law regulating the use of the emblem?**

The Indian law regulating the use of the emblem is called the Geneva Conventions Act. The Parliament of India made this act in 1960. Chapter IV of this Act deals with the abuse of the Red Cross emblem. Section 12 and section 13 of this chapter makes unauthorized use of the Red Cross emblem or its imitation a punishable offence.



## 7. What is the punishment for such abuse of the emblem in India?

The Punishment is a fine of Rs. 500, besides the provision for forfeiture of the goods or vehicles on which the emblem has been used without authorization.



Use These	Don't Use
 <b>Doctor</b>	<b>RED CROSS</b>
 <b>Hospital</b>	
 <b>Ambulance</b>	<b>It is an offence.</b>
 <b>Pharmacy</b>	<b>Only Red Cross Movement Members and Army Medical Corps can use it.</b>

## **DISASTERS & PREPAREDNESS**

---

Disaster means a Catastrophe, mishap, Calamity or grave occurrence affecting any area from natural and manmade causes or by accident or negligence, which results in substantial loss of life or human suffering or damage to, and destruction of property or damage to or degradation of environment.

### **FACTORS LEADS TO DISASTER:-**

1. Meteorological
2. Geological
3. Ecological/Environmental
4. Technological etc.

### **TYPES OF DISASTER :-**

1. Natural
2. Man Made

## 1. Natural Disaster :-

- |                |                 |
|----------------|-----------------|
| a. Earthquake. | f. Drought      |
| b. Cyclones    | g. Flash flood  |
| c. Floods      | h. Landslides   |
| d. Epidemic    | i. Pest Attacks |
| e. Tsunami     | j. Cloudbursts  |



## 2. Man Made Disaster :-

- |                            |                      |
|----------------------------|----------------------|
| a. Communal Riots          | g. Serial Bomb Blast |
| b. Fire Accidents          | h. Terrorist Attacks |
| c. Road Accidents          | i. Train Accident    |
| d. Industrial Disasters    | j. Leakages of Gas   |
| e. Chemical Disasters      | k. Plane Crash       |
| f. Technological Disasters | l. War               |

## **DISASTER MANAGEMENT :-**

Collective actions taken before, during and after disaster to predict, reduce or cope with the impact of Disaster. Disaster management is divided into four major parts:

1. Disaster Response
2. Rehabilitation
3. Risk reduction or Mitigation
4. Disaster Preparedness



### **1. Disaster Response:-**

Activities that take place when a disaster strikes to reduce loss of life, to minimize disability and to deliver relief assistance as quickly as possible to the affected people, which includes:-

- a. Search and rescue
- b. Providing First Aid service
- c. Emergency supply of water, food and medicines
- d. Steps to prevent epidemics
- e. Provisions of Temporary shelters
- f. Restoring family links.

## **2. Rehabilitation :-**

Measures taken after the disaster to return the community to normal.

### **A. Social Rehabilitation**

- (a) Welfare centre
- (b) Reconstruction of health care facilities

### **B. Economic Rehabilitation**

- (a) Incentive (food and work)
- (b) Distribution of livelihood kits
- (c) Financial Support
- (d) Temporary Housing



## **C. Psychological Rehabilitation**

- (a) Counseling
- (b) Meet primary needs and support

## **3. Risk reduction or Mitigation :**

It is the long term measures taken before a disaster to lessen its effect on the communities in disaster prone areas, which includes;

- a. Strengthening of existing buildings and infrastructures.
- b. Build flood walls or elevated structures in flood prone areas.
- c. Building cyclone shelters.
- d. Organizing public awareness programs.

## **4. Disaster Preparedness:**

Preparing measures to make community resilient to cope with the disasters and on how to respond quickly and effectively before a disaster can take place which includes

- a. Identifying disaster prone areas in the community.
- b. Develop early warning systems through emergency communication systems.

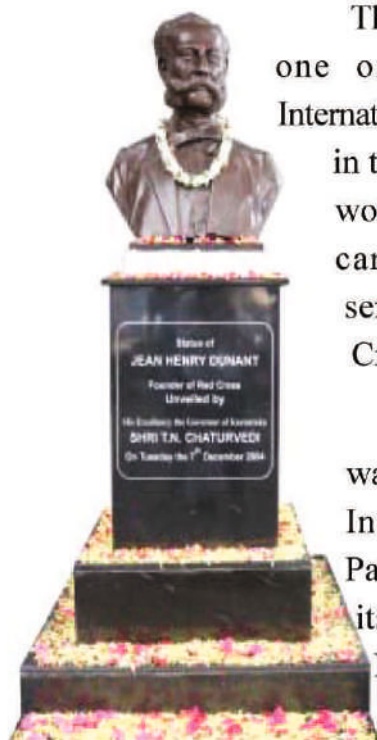
- c. Formation of rescue teams.
- d. Community based First Aid Training.
- e. To have warehouse with stocks of non perishable relief materials.
- f. Development of information flow channels.
- g. Preparedness Plans.

The Indian Red Cross Society plays a very crucial role in Disaster management which includes:

- a. Deputing the volunteers to extend the services to the needy.
- b. Deputing team of Doctors and Para medicals for immediate Health care and also to take steps to prevent epidemics.
- c. Mobilize relief materials and donations and sending to the affected areas through authenticated, designated personnel.



## INDIAN RED CROSS SOCIETY



The Indian Red Cross Society is one of the largest and oldest International humanitarian organization in the country. It is known for its work in Disaster response, health care services, Blood Center services, Junior and Youth Red Cross activities.

Indian Red Cross Society was established in 1920 under the Indian Red Cross Society Act.-Parliament Act of XV 1920 with its Headquarters at New Delhi. India has 28 States, 8 Union

Territories and One National Capital Territory region. The Indian Red Cross Society has more than 1100 District and Sub-District Branches.

The Indian Red Cross is a National Federation of all its branches. Neither the Headquarters nor the branches by themselves form the Society. They collectively, interwoven together make up the Indian Red Cross Society.

The President of India is the President of Indian Red Cross Society. The main governing body is the National Managing Body, which consists of 18 members, 12 of whom are elected by the State and Union Territory branches through an electoral college formed with the representatives of the branch committees. The President of Indian Red Cross Society nominates the remaining six members, which includes the chairman. The Secretary General appointed by the Managing Body is the Chief Administrative Officer.

The Provincial Branches follow a similar organizational pattern as that of the National

Headquarters, although details of their governing structure differ slightly from branch to branch.

The Society has warehouses, cyclone shelters, hospitals, Primary Health Centres, Blood Banks, Training Centres to facilitate the effective implementation of its programme.

The Society collaborates with other organizations in the country which share similar objectives and principles. International Federation of Red Cross and Red Crescent Societies and partner National Societies such as German Red Cross, American Red Cross, British Red Cross, Canadian Red Cross etc., have supported its programmes. The Indian Red Cross also works closely with various government departments such as Health, Education and Social Welfare.

### **Activities:**

- 1. War Time Activities:** During the Second World War the Indian Red Cross Society played a very prominent role by undertaking various relief operations for the sick and the wounded soldiers and also for the prisoners of war.



## 2. Peace Time Activities:

- ☐ a. Promoting humanitarian Principle and values
  - b. Disaster Management
  - c. Promotion of Health
- ☐ Maternity and Child welfare services
- ☐ Family Welfare services
- ☐ Hospital Services
- ☐ Care of sick and wounded defence personnel
- ☐ Blood Transfusion Services
- ☐ Awareness Programme about HIV/AIDS and other epidemics

### a. Promoting humanitarian Principles and values:

The values which shape humanitarian action based on the fundamental principles of Red Cross/ Red Crescent movement, which include the protection of life, health and human dignity. Respect for others and the acceptance of responsibility to help others without discrimination based on Nationality, Race, Gender, Religion, belief, class or political opinions.

### **b. Disaster Relief :**

The Indian Red Cross Disaster Management Programme incorporates Disaster response and Disaster preparedness.

The sharp increase in the number of Natural disasters in recent years has prompted the Indian Red Cross to devote more attention to disaster preparedness activities. The aim is to make communities aware of the risks they face, increase capacity to reduce their vulnerability and enhance their ability to cope up when disaster strikes. Since 1996, Indian Red Cross has been running community based disaster preparedness programme in collaboration with German Red Cross for its Personnel, Volunteers and Government Officials.

### **c. Promotion of Health :**

Indian Red Cross has established hospitals at State, District and Sub-Districts to provide health care services to mothers and children along with blood banks, which are playing a major role in organizing voluntary Blood Donation Camps to meet the requirement. With co-operation from International Federation, Indian Red Cross has implemented Youth

Peer Education Programme in selected states to create awareness about HIV/AIDS.

### **3. Red Cross Home :**

Red Cross Home at Bengaluru was established in the year 1942 to take care of disabled ex-service men, equipped to accommodate 75 inmates. Red Cross Home provides nursing care and medical treatment to ex-servicemen. Medical Superintendent with Para-medical staff takes care of inmates. If necessity arises expert advice will be sought from local Armed Forces Hospital.

### **4. Junior and Youth Red Cross :**

Junior Red Cross in schools/ PU Colleges and Youth Red Cross in colleges have more than 7 million members across the country. Their activities are based on three fold objectives of promoting health, service and friendship and to inculcate the fundamental principles of the movement among students by involving them in humanitarian services.



## INDIAN RED CROSS SOCIETY

(KARNATAKA STATE BRANCH)

Karnataka State Branch was established in 1921, Bangalore being its Headquarters.

His Excellency the Governor of Karnataka is the President of the Indian Red Cross Society, Karnataka State Branch.

At District level, Deputy Commissioner is the President of the District Red Cross Branch and at the Taluk level the Tahsildar is the President of Red Cross.

### ACTIVITIES:

**1. Blood Transfusion Services :** Karnataka Red Cross Blood Bank was established in 1991. Blood is collected through voluntary Blood donation camps organized by Educational Institutions, Factories and Corporate Offices. Apart from this, individuals donate







received from the Hospitals. The blood collected has to be utilized within 35 days from the date of collection.

Blood is provided free of cost. Only the Processing fee will be collected as per the guidelines of Drug Controller.

Any healthy person between 18 to 60 years of age with a weight of 45 Kgs can donate blood. The actual blood donation takes about 4 to 6 minutes. Sterile disposable needles are used for each donor.

The blood donated will be completely replenished within 72 hours. Male donors can donate blood every 3 months. Whereas female donor can donate blood once in 4 months.



One Unit of Blood i.e. 350 ml can save 03 lives subject to component separation i.e., platelet, plasma and Red blood cells.

Karnataka Red Cross Blood Bank provides services 24 /7 along with 365 days.

## **2. Maternity and Child Health Service:**

Urban Family Welfare Centre Karnataka State Branch of Indian Red Cross was established in 1969 and is functioning at Sirsi Circle Maternity Home, Chamarajpet, Bengaluru. It takes care of health of mother and child and Creates community awareness.

## **3. Community Eye Care :**

Karnataka Red Cross Optical Unit was established in 1987 in the premises of Minto Eye Hospital. It provides spectacles at subsidized rates.

## **4. Disaster Management :**

Whenever there is Disaster anywhere in India, Indian Red Cross Society, Karnataka State Branch mobilizes relief materials and donations to the victims of disaster. Teams of doctors and volunteers are deputed to extend their services to the needy.

During Earthquake in Bhuj in the State of Gujarat in 2001, Karnataka Branch sent Rs. One Crore worth of relief materials and donations. For this extraordinary work, Karnataka State Branch has been awarded 06



Red Cross Gold Medals from National Head Quarters, New Delhi.

During Tsunami in 2004: Karnataka State Branch sent relief material worth Rs. 60 lakhs to Tamilnadu, Andhra Pradesh and Andaman and Nicobar for the victims of Tsunami. Karnataka State Branch of Red Cross has donated Rs. 15 lakhs to the victims of Tsunami

During the Earthquake in Jammu Kashmir, in the year 2005 Karnataka State Branch of Red Cross mobilized donation of Rs. one Lakh and the same was donated to Jammu & Kashmir State Branch of Red Cross. Apart from this, 190 tents were sent for the victims of earthquake.

In the year 2018, Kodagu landslides caused heavy damage. Relief Materials were sent to affected areas of Kodagu.

In the Year 2019 Floods in Bagalkot, Belagavi, Raichur, Vijayapura, Mangalore, Udupi, Shivamogga, Chickamagaluru, Haveri, Uttara Kannada, Yadagiri and Kodagu created havoc. Relief Materials worth Rs. 4.5



core were distributed in the affected districts, These Materials were distributed through District Red Cross Branches. This is a milestone in the history of Indian Red Cross Society, Karnataka State Branch. All the office bearers of the flood affected district and volunteers worked 24/7 to provide assistance & minimize the suffering of the affected people.

In the Year 2020, due to Covid-19, the entire Nation was locked down. People who were daily wage workers, elderly people, slum dwellers suffered a lot. Indian Red Cross Society Karnataka State Branch minimized their suffering by supplying them with Sanitizers, Facemasks, Grocery Kits, required medicines and other essentials all over Karnataka. Our Volunteers also taught the community about hand washing techniques, Social Distancing & Hygiene promotion activities. In the month of October 2020, floods happened to strike most of the districts, Karnataka state Branch donated the relief materials to the affected and needy people.



## **5. Appliances to the Physically challenged :**

Tricycles, wheelchairs, Hearing aids and Canes are provided to the physically challenged and economically backward families.

## **6. Health Checkup & Eye Screening Camps :**

Karnataka State Branch of Red Cross in collaboration with Non Governmental Organizations organizes health checkup and Eye screening camps for the benefit of economically weaker sections specially in Rural areas.



## JUNIOR RED CROSS AND YOUTH RED CROSS

### JUNIOR RED CROSS

The Junior Red Cross is the students wing of the Red Cross. It is a group movement organized within schools and PU Colleges. Students who take part in junior Red Cross activities are known as “Juniors”. The teacher who guides the students in Junior Red Cross activities is called “Counselor”.

### GROWTH IN INDIA :

Junior Red Cross wing was first started in Punjab in the year 1926 followed by other States. JRC is becoming more and more popular and is being encouraged by educational authorities. The movement is extended to the degree college students under the name of Youth Red Cross.

## **JUNIOR RED CROSS MOTTO**

### **PRINCIPLES AND PLEDGE**

Motto : **ISERVE**

Principles : **HEALTH, SERVICE, FRIENDSHIP**

Junior Red Cross is based on three fold programs :

- a) Protection of health and life (Health)
- b) Service to others (Service)
- c) National integration & International understanding (Friendship)

These activities help young people to develop their mental and moral capabilities which makes them better Citizens.

### **JUNIOR RED CROSS PLEDGE:**

Junior Red Cross pledge is an important aspect in Red Cross. Juniors and counselors should pronounce the pledge in JRC Classes, functions and camps.

### **JUNIOR'S PLEDGE:**

“I pledge myself to care for my own health and that of others, to help the sick and suffering specially children and to look upon other children all over the world as my friends”.

## COUNSELORS PLEDGE :

“I pledge to counsel the Juniors in achieving the aims of Junior Red Cross, namely, promotion of health, selfless service, National & International friendship by setting the example by himself/ herself.”



## MEMBERSHIP FEE :

**Institution:** All the High Schools to be registered as members of Junior Red Cross by sending Rs:-100/- every year, and also collect Rs.10 from each student of High Schools every year Out of Rs.10 collected, Rs.4 should be sent to The Indian Red Cross Society, Karnataka State Branch, Bengaluru and Rs.6 to be retained with schools for conducting Red Cross Activities.

All the Pre University Colleges to be registered as members of Junior Red Cross by sending Rs. 100/- every year to Red Cross State Branch and collect Rs.25/- from each student of Pre University Colleges every year. Out of Rs. 25/- collected, Rs.10/- should be sent to The Indian Red Cross Society, Karnataka State Branch, Bengaluru Via Cheque, DD, NEFT, JRC Software: [redcrosskarnataka.org](http://redcrosskarnataka.org) and Rs. 15 has to be

retained with Pre University Colleges for conducting Red Cross Activities.

The Registration Fee and Student Membership Fee should be sent Favouring “The General Secretary, Indian Red Cross Society”, 26, Red Cross Bhavan, Race Course Road, Bengaluru 560 001, through Junior Red Cross Software / Web Application (<https://redcrosskarnataka.org>).



### **STRUCTURE OF JUNIOR RED CROSS UNIT**

Indian Red Cross Society, Karnataka State Branch



State Junior Red Cross Sub committee



District Junior Red Cross Subcommittee



Taluk Junior Red Cross Sub committee

### **COUNSELORS TRAINING COURSE :**

The teacher who is in charge of Junior Red Cross Wing in a School & Pre Univeristy College is called JRC Counsel & Effective training of Counselors is the responsibility of State Junior Red Cross committee in collaboration with the District Committees.

Syllabus for the course covers the history of Red Cross and Junior Red Cross, topics on health, service



and friendship, functioning of JRC Student committee formed in Schools and Pre University Colleges. Practical classes on craft, drawing etc., can be conducted.

On completion of the course, a test is conducted and successful counselors are given certificates.

### **HOW TO ESTABLISH AND CONDUCT JRC IN SCHOOLS AND PRE UNIVERSITY COLLEGES?**

A students meeting is convened by the Head of the School and Pre University Colleges to brief them about Red Cross. Students, who volunteer, are enrolled as JRC members. According to the strength of membership, more than one group can be formed.

A willing teacher / Lecturer of the school and Pre University College is nominated by the Principal of the school as JRC Counselor to look after the activities of JRC Wing.

### **ELECTION OF OFFICE BEARERS : STUDENT COMMITTEE**

The following office bearers will be elected by the JRC Members Via Vote:

- |              |                   |
|--------------|-------------------|
| a) President | b) Vice-President |
| c) Secretary | d) Treasurer      |

### **SUB COMMITTEES :**

Various sub committees are formed to undertake activities based on the objectives of JRC like health, service, friendship, road safety, First aid etc.

### **INAUGURAL FUNCTION :**

Formal Inauguration of the wing has to be conducted as a mark of formation of JRC Wing.



### **FUNCTIONING OF JRC IN SCHOOLS/ PU COLLEGES :**

Junior Red Cross activities are formulated based on its principles of Health, Service and Friendship. The programs are chalked out in such a way so as to suit the occasions, locations and social requirements. Some of the activities that can be organized are indicated here below:



## **1. PROMOTION OF HEALTH :**

- a. Practice of health habits
- b. Cleanliness of school premises
- c. Health awareness campaign in local Communities
- d. First aid training
- e. Blood grouping camps for JRC members
- f. Hand Washing techniques

## **2. SERVICE TO OTHERS:**

- a. Providing Books, Medicines, Food, Clothing etc. to Poor School Children
- b. Voluntary service during relief Operations Connected with Disasters
- c. Providing first aid to the Wounded/Sick
- d. Visit to Hospitals, Orphanage, Home for the Aged
- e. Adoption of nearby slum for Literacy Campaign
- f. Awareness of Traffic Rules and Road Safety

## **FRIENDSHIP:**

- a. Participation in State/National level Junior Red Cross Camps, Competitions, Exhibitions etc
- b. Sending Greetings
- c. Exchange of Albums
- d. Organizing Inter Religious Harmony rallies.



## JRC UNIFORM :

Jean Henry Dunant was helping the war victims in the Battle of Solferino. He was wearing a white dress and so he was called by the victims of war as “The Gentleman in White”. This lead to suggest white colored dress as uniform for Junior Red Cross Boys/ Girls and Male/Female Counselors. The same uniform code is applicable to Youth Red Cross boys and girls and program officers.

JRC Boy/JRC Counselor	JRC Girl/ JRC Counselor
White half slack shirt	White Blouse
White half short/ full pant	White skirt/saree& white ribbon
Scarf & Woggle and badge	Scarf & Woggle and badge
White shoes & white socks	White shoes & white socks



## JRC EXAMINATION :

Indian Red Cross society, Karnataka State branch is conducting Red Cross Examination for juniors (8th, 9th, 10th and I & II PUC Students) every Year. It's a certification programme to encourage juniors to participate in Red cross activities



## RED CROSS SONGS:

### PRAYER SONG:

Dhartikaro, nirmalkaro, peedaprabhu hey]

Jeevankarovujvalnavajyothikaro hey]

Dhukijanonkiseva ham kare-2

Pathalithonkogale lagaley-2

hanthipathashanthikarya, shanthivrada hey]



Jeevankarovujvalnavajyothikaro hey]  
navajyothikaro hey navajyothikaro hey]

### **FLAG DE-HOISTING SONG**

God be with us till we meet again,  
Till we meet, till we meet, till we meet at Red Cross Feet

### **RECORDS TO BE MAINTAINED:**

- Application forms and Admission Register
- Attendance Register
- Circular File
- Minutes of the meetings (Book)
- Receipt book & cash book
- Work done register
- Stock register
- Album (Photographs)
- Files for communication
- First Aid box
- Health cards of Juniors
- Information Board
- Flag Mast Pole, Ropes, Festoons etc.
- Uniform materials

- Visitors book
- JRC name board at the gate of the School

## **YOUTH RED CROSS POLICY & PROGRAM GUIDELINES**

**POLICY:** The Youth Red Cross is a most important Wings/ Section constituent of its mother organization Indian Red Cross Society. YRC aims at inculcating the seven Fundamental Principles of Impartiality, Neutrality, Independence, Voluntary Service, Unity and Universality. Youth Red Cross is organized with a view to develop and deploy student youth resources for working towards these principles.

It also aims at inculcating in youth the ideals and practices of service specially in relation to:

1. Taking care of their own health and that of others.
2. Understanding and accepting civic responsibility.
3. Promotion of national and international



understanding and goodwill by using their international link of the movement.

#### 4. Promotion of volunteerism.

#### **YOUTH RED CROSS MEMBERSHIP:-**

The Government of Karnataka, Order (Ed/64/Vividha/ 2011, Dated: 22/12/2011&ED / 38 / Vividha/ 2016, Dated: 17/06/2016), directed, Govt/ Aided/ Non-aided, First Grade Colleges, Engineering, Health, Science, Agricultural, Horticultural, Veterinary Science, Forestry, Fisheries, Teacher Education, Law Colleges, Polytechnics and any recognized degree colleges coming under the administrative/ academic control of State Higher Education department to establish a Youth Red Cross unit. They must register with the Indian Red Cross Society, Karnataka State Branch, Bengaluru by paying Rs. 1,500 (Rupees One Thousand Five Hundred Only) (One Time Payment) and during admission, collect students membership fees of Rs. 50 from each student.

Out of the Collected Fees, 70% shall be retained by the colleges to fund Youth Red Cross activities, while the remaining 30% is to be remitted to the Indian Red Cross Society, Karnataka State Branch. All students

who have paid the prescribe fees shall be considered as members of the Youth Red Cross in their respective colleges.



All students admitted to Degree, Post Graduate and Diploma Courses by virtue of their joining their respective Polytechnics colleges as per university rules and paying the prescribed Youth Red Cross fee shall become the members of the Youth Red Cross of that college / Polytechnic.

### **CORE GROUP VOLUNTEERS:**

Any member of YRC who can volunteer his / her time and talent for the cause of Youth Red Cross can become a core group volunteer upon submitting an application to and on selection by the Youth Red Cross Programme Officer.



**CERTIFICATE :** Core group volunteers on completion of two years of volunteer ship and assigned tasks and targets shall be issued with certificate by the University.

## **PROGRAMME GUIDELINES**

### **1. VOLUNTEER ORIENTATION:**

Once the Core Group Volunteers are selected and the YRC unit is formed the volunteers need to be oriented to make them understand their role and responsibilities. They should be empowered with the knowledge, attitude, skills and other competencies needed to perform as a member of the team. This may require two days and may be organised during the weekends.

### **2. TRAINING ON FIRST AID**

It is Obligatory to all the core group volunteers to undergo the prescribed training in First Aid

The Youth Red Cross Unit may organize this training course to the interested Students of the College.

The Indian Red Cross Society is an authorized Certified training Institution. To Organize First Aid traing in colleges, you may contact the following phone number Ph.: 22264205.



### **3. TRAINING ON DISASTER PREPAREDNESS AND MANAGEMENT**

It is desirable to organise this program for core group of volunteers and other Members of YRC on the core issues such as forecasting, vulnerability, retrofitting, communication, logistics, rescue, relief, rehabilitation, emergency health care etc., (Online Disaster Relief Training can also be given at each college level wherever Possible.

### **4. TRAINING ON MINIMUM COMPETENCIES**

A set of skills and competencies have been universally identified as the ‘minimum requirement’ to perform jobs civic responsibilities, and in handling situations in one’s own life. It is essential, that every student should try to acquire these competencies.

Researchers have identified five general knowledge areas of primary importance.

1. Consumer economics    2. Employment knowledge
3. Community resources    4. Health
5. Law and Governance

#### **There are five skills areas**

1. Communication Skills    2. Computation Skills
3. Problem solving skills    4. Inter-personal relation skills
5. Survival / life saving skills

There are also other associated areas of knowledge and skills that one should learn in order to become a functionally efficient, economically productive and socially useful member of the society.

## 5. MOTIVATION OF BLOOD DONORS

A minimum of two blood donation camps in a year should be organised by motivating donors from the members of YRC, NCC, NSS Rovers & Rangers, Sports, Red Ribbon Clubs etc. At least 33% of core group members should donate blood during the 2 years period of their volunteer ship under YRC. (as far as possible blood donation camp must be conducted along with IRCS blood bank / government hospital blood banks only).



## 6. OBSERVATION OF IMPORTANT DAYS

Observation of the following days by way of organized meetings and displays are the minimum mandatory activities of the Youth Red Cross.

January 12	National Youth Day
April 07	World Health Day
May 08	World Red Cross Day
June 05	World Environment Day
August 12	Geneva Convention Day
October 01	Voluntary Blood Donor's Day
October 30	Death anniversary of Jean Henry Dunant
December 01	World Aids Day
December 05	International Volunteers Day

## FIRST AID

First Aid is a basic medical care given in good faith to a victim of accident, sick or injured person to preserve life until professional medical help becomes available.

The founder of First Aid is Dr. Johannes Friedrich August Von Esmarch of Germany.



## Who is called First Aider?

Any person who has undergone First Aid Training and obtained lay lecturer certificate is qualified to train people and render First Aid to the sick and wounded person.

## Main objectives of First Aid

1. Preserve Life
2. Prevent Worsening
3. Promote Recovery
4. Providing safe transportation to the sick and wounded.

The history of First Aid goes back to the year 1099. In 1792, a French Army Surgeon formed the First official army medical corps. During the 1860's, the First Geneva Convention and International Red Cross came into existence to deal with sick and injured soldiers on the battlefield. In 1877 St. John Ambulance was introduced. Meanwhile St. Andrews Ambulance association was started in Scotland in 1882.

In Karnataka, First Aid training was started in the year 2011 and we have trained more than 40000 candidates till now. Karnataka State Branch has given





First Aid training to High School Students, College students, Drivers, Industrial workers and General Public. Upon successful completion of the assessment test, certificates are issued to the qualified candidates.

### **Basic First Aid in different scenarios**

**Bleeding:-** Apply pressure on a bleeding wound to stop the flow of blood and keep on pressing the bleeding area for at least 10 minutes.

**Drowning:-** Stay on dry land, hold out a stick or branch or rope for him/her to grab and then pull him/her out of water. Once the casualty is out of water, shield him/her from the wind by covering him/her with a warm clothes and blankets.



**Bites:-** Reassure the victim The wound should be covered with a sterilized dressing and take him/her to the hospital, immediately.

**Burns:-** Burns should be cooled with cold Water as soon as possible for minimum of 10 minutes. Wound should be dressed with a sterile dressing. Serious wounds will be treated by doctor and for minor burns honey or aloe vera may be applied.

### Basic First Aid Rules

- ◆ Clear the crowd. Do not allow the people to crowd around the victim.
- ◆ Inspect the Area. Fallen Electric Wires, Moving Machinery etc should be cleared.



- ◆ Note the weather i.e. without rain or heat or cold breeze. Transport the victim to a Safer Place, Reassure the victim with soothing words.
- ◆ Call for an Ambulance.
- ◆ First Aid Kit is a must in Schools / Colleges.

### **FIRST AID KIT IN SCHOOL**

All schools / Colleges should be equipped with the First Aid Kit containing:

1.	Traingular Bandage	9.	Kidney Tray
2.	Gauze Pad	10.	Ice Bag
3.	Lotion Chlorhexidine (Savlon)	11.	Cotton
4.	Lotion Povidone-Iodine (Betadine)	12.	Eye pad

5.	Scissors	13.	Tape Adhesive
6.	Framycetin Sulphate (Sofremycin)	14.	Band Aid
7.	Splints	15.	Hot water bottle
8.	Tourniquet	16.	O.R.S. Powder

## CARDIO PULMONARY RESUSCITATION (CPR)

The heart may suddenly become dysfunctional. This is known as heart attack. Blood clots in the blood vessels that supply blood to the heart obstruct the flow of blood. Blood clots are the cause for heart failure. CPR should be initiated immediately.

The order of the CPR is as follows.

### C-Chest Compressions

### A- Air Way





## B- Breathing

Following the above steps can save a person from a heart attack.

### First Aid Mobile Application:

Government of India and Indian Red cross society, National Head quarters developed an app called First Aid to give more information about first aid to School teachers and children. They can download First Aid application from their smart phone at Google Play Store.

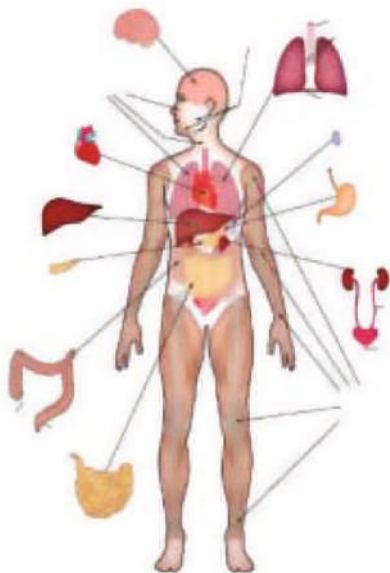




## CHAPTER XII

### SELF HYGINE

#### THE HUMAN BODY:



#### HEALTHY FOOD:

Nitrogens : Meat, Fish, Cheese, Grains, Milk, Curd, Eggs and Dry Fruits

Fat : Cheese, Eggs

Sugar and Fats : Grains, Potato and Sugar

Vitamins : Milk, Eggs, Grains, Vegetables and Fruits

Irons : Vegetables, Fruits and Grains



## DAILY ROUTINE



Getup Early Morning  
6.00 AM



Toilet and Teeth  
Cleaning 6.10 am to  
6.30 am



Walk and Exercise  
Morning at 6.30 to  
7.00 am



Bath 7.00 AM to  
7:30 AM



Break Fast 7:30 AM  
to 8.00 AM



School 8.00 AM  
to 1:30 PM



Afternoon lunch 1:30  
PM to 2.00 PM



Washing face, Television  
and Rest 2.00 PM  
to 3:00 PM



School Home Work  
3.00 PM to 4:30 PM



Evening Snacks  
4:30 PM to 5:00 PM



Field Game 5.00 PM  
to 7.00 PM



Hobbies Time 7.00 PM  
to 8:30 PM



Dinner 8:30 PM  
to 9:30 PM



Teeth Cleaning and Bath  
9:30 PM to 10:00 PM



Bed Time 10 PM

## SELF HYGINE: Do's

- Hand Washing
  - Before Food and After Food
  - After Toilet Use
  - After Coughing, Sneezing etc
  - After Playing with Pet Animals
  - After Playing
- Brush your teeth 2 times daily
- Bath atleast 2 times a day.
- Comb your hairs regularly
- Change your undergarments daily.
- Trim your nails regularly
- Cover your face while sneezing and coughing
- Always wear clean clothes
- Used clothes and papers should be put in seperate bins.



Palms to Palms



Between the fingers



Behind the hands



Below the thumbs



Behind the fingers



Finger nails



Forearm



Wash and dry  
your hands

If personal hygiene is not taken care, you may face the following problems

- Smell in the body
- Bad breath
- Teeth problems
- Airborne diseases
- Food related diseases
- Water related diseases
- Skin and hair related diseases
- Urinary tract related problems
- Eye and Ear related diseases
- Social prohibition
- Depression



## SCHOOL SAFETY

School are the country's future temples, Children who are the future of the country study here. These places should

be built under safe environment and building should be constructed in such a way that it will be resilient to Disasters.

Building plan of schools should be included in the plan of action, Building plan should contain factors such as sensitivity of the building, electric lines, drainage holes etc.

### List of dangers are mentioned below:-

1. Interruption of power supply/power cut (alternate supply of electricity such as UPS)





2. Stairs collapsing, Unequal floors, damage of wall and ceiling plasters.
3. Halls filled with smoke due to burning of plastic, paper etc.,
4. Doors & Windows getting stuck and not opening.
5. Rusting of iron rods and collapsing of moulds.

## **ROLES AND RESPONSIBILITIES**

### **Before Disasters**

1. School entry and exit checkout
2. Finding empty place to assemble everyone during disaster
3. Finding a safer place
4. Deciding the requirement of easily available needy things
5. Patient and physically challenged person should be taken special care.
6. Practice exiting the building with other authenticated committees.

### **During Disasters**

1. In case of building collapse/earthquake, DROP to the ground; take COVER by getting under a sturdy table or other piece of furniture; and HOLD ON

until the shaking stops. If there isn't a table or desk near you, cover your face and head with your arms and crouch in a safe place.

2. Conducting demo sessions for building collapse/ earthquake preparedness.

### **After Disasters**

- ◆ Confirming the place is safe to stay
- ◆ Fulfilling the responsibilities of emptying the building
- ◆ Reporting to principal about the disaster.

### **Required training**

Finding, guarding, saving and protection techniques training involving local police, fire department and other related departments.

### **School Disaster Management plan steps**

- ◆ Conducting awareness to make school premises more resilient.
- ◆ Forming school Disaster Management committee.
- ◆ Detecting dangers and Deciding protection
- ◆ Formation of School Disaster Management Authority plan (SDMAP)

- ◆ Convening of mock session in regular form and informing school management authority.
- ◆ Timely Evaluating plan of action.

### **The following members should be made aware of sensitivity**

- ◆ Principal/Head Master
- ◆ Associate Principal/Head Master
- ◆ Executive Management Group
- ◆ All teachers and student leaders

### **School Disaster Management Authority and coordination committee members**

- ◆ Chairman- School Principal/Head Master
- ◆ Vice Chairman – Primary and Higher primary school principals
- ◆ Development department education officer
- ◆ Teacher-Parent union leader
- ◆ 1-2 parents (at least one female member should be there)
- ◆ Other local Government officers group.

## Danger detection and protection preparation

Earthquakes, landslides, floods, drought, fire etc should be kept in mind while constructing a building and protection, As Well qualified engineer, contractor and Disaster Management expert and Deputy Officers should be contacted to construct a school.

## Conclusion

Future dangers should be kept in mind while constructing a building, analyzing the disasters that happened 20 to 25 years before. Based on that building plan for the school finalise nearby places of schools should be evaluated for the dangers and the plan may be finalized.



## COVID-19 VIRUS

### MEANING, FEATURES AND SPREADING METHODS

---

#### What is Corona or Covid-19

- Covid-19 is caused by SARS-COV-2.
- People who are normal will recover from Covid-19 virus within 14 days by suffering mild respiratory problems, But people who are suffering from heart problems, Diabetes, Prolonged respiratory problems, cancer etc and people who are aged will suffer severely from Covid-19 virus.
- Cold, Cough and Fever are symptoms of Covid-19.
- If there are no symptoms of Cold, Cough and Fever then there is no need for Covid-19 test.



## **What happens post Covid-19**

- 80% of the people or most of the people will recover without taking any treatment.
- 20% of the people who had past medical conditions will be admitted to hospitals and people with severe past medical conditions will be kept in Intensive Care Unit.

## **Covid-19 General Features**

- Cold, Cough, Sore Throat, Fever and Breathing problems.
- General Cold, flu etc., symptoms will be similar to Covid-19.

## **How Covid-19 spreads**

- If a person suffering from Covid-19 sneezes or coughs, then innumerable droplets will spread in the air, floor and nearby things.
- If a person stays nearby and inhales the droplets or if the person touches his eyes, nose or ears during this situation, then the person will get infected by Covid-19.
- If the infected person is in the radius of 1M to the another person, then there are chances that he may get infected by Covid-19.

## **Information about Facemasks**

Covid -19 spreads rapidly by contact with the infected person. Droplets which carry viruses will dry and they get converted into spores. These spores float and then fall on the floor and other places.

It is found that virus stays in the air in solid form or in liquid form for 3 hours or it stays on the plastic or stainless steel materials for at least 03 days.

## **When should we wear Facemask?**

- People who suffer from Cough/Fever should wear 3 layer medical facemask. It avoids the spread of Covid-19 and washing hands also prevents disease
- While visiting Covid-19 hospitals
- People who are treating Covid-19 patients
- Covid-19 patients family members and house quarantine family members should wear medical mask

## **Who are most likely to get affected by the virus**

- Everyone can get affected by this virus.
- If the Covid-19 patients are at home, if proper care is not taken then children at home can get infected by the virus.

- In children Covid-19 disease is short lived.
- People who are aged and people who are suffering from high Blood Pressure, heart related diseases, cancer, diabetes and other diseases will be severely affected by this virus.

### **How to wash Hands**

- There is a standard procedure to wash one's hands, After washing hands, it should be dried off.
- Wash hands more frequently.
- Hands should be washed for 20-60 Seconds
- Use Hand sanitizers as per the requirement
- For hand washing, soaps and hand washers can be used.

### **Role of Hand Sanitizers**

- People who are treating Covid-19 patients should use hand sanitizers more frequently.
- The best choice is to wash hands with soaps or liquid hand wash with water.
- If the hands are dirty or mud covered, then alcohol based liquids should not be used instead hands should be washed with water and soap.

## **Food consumption during Covid-19**

There is no particular Diet plan for Covid-19 patients. They can follow their daily diet plan, they can add vegetables and fruits in their diet, to make the food more Nutritious.

## **Covid-19 vaccination**

Covishield and covaxin are India's indigenous covid-19 vaccine. These vaccines may prevent you from getting covid-19 disease.

In the ongoing clinical trials, the vaccines have been shown to prevent covid-19 disease following 2 doses given between 4 and 12 weeks apart. The duration of the protection against covid-19 disease is currently unknown.



## ADOLESCENTS PROBLEMS

---

### Drugs

Dissuading young generation from adiction like consumption of drugs, alcohol, smoking etc., is a himalayan challenge for people, government and public Volunteers like Red Cross society and other social organisations, alike.

There are many ways to dissuade people from bad habits, and we should do it for the betterment of our society and future generations.

We have to create a very high level of awareness about the perennial problems related with consuming drugs, alcohol and other habit forming vices to the people on a war footing. These problems are not solved easily. We should first connect with these people and should observe them closely, their behaviour and reasons for their addiction.

We as volunteers can show them the practical drawbacks through videos and how it affects people and their painful situations, their family's emotional conditions and situations.



We can inculcate activities to treat addicted people as it may help addicts to forget their bad habits. Some severely addicted people need to be counselled to change their habits allowing them to mingle with normal people so that they can realize their issues.

Government should organize various programs and should encourage organisations to conduct rehabilitation programs. They should definitely take some serious action about these issues and against people who are encouraging these type of harmful habits to the society. Government should conduct campaigns on social media, television, documentaries etc.

The younger generation should think long and hard before getting addicted to bad habits because these habits affect their family, relatives and friends. Life is much more valuable than they think, and for a better healthier society, good behavioural environment, all responsible people should contribute. We the people should join hands and thoughts for a better and healthier society.

People tend to develop addictions or vices easily. Addiction here means the desire to get more and more. The habit of consuming substances make you vulnerable. All the physical and mental actions of a person become accustomed to substance abuse. Today our society is a victim to many such addictions.

## Effects of Consuming Drugs

One has to suffer a lot of side effects from these drugs. Drug addiction has a long-lasting and profound effect on a person's brain and body.

## Measures to avoid drug abuse

- Make up your mind to quit the addiction. It is necessary to have a strong desire to quit.
- It is a good to get admission in rehabilitation center
- The patient is treated with different psychological methods.
- Meditation and yoga helps in de-addiction
- Be with your friends, relatives and well-wishers at all times. There is less chance to get drunk when you are always with well wishers.
- Patients suffering from drug addiction should write a daily diary. There are many benefits of doing this. By writing the after effects of addiction, a person realizes how his life is ruined by addiction.

## Awareness about AIDS and Preventive Measures

AIDS is a deadly disease, (Acquired Immunodeficiency Syndrome). This disease is spread mainly through unprotected sex. There is no curative vaccine available for this disease. Many researches are going on to prevent this disease.

The very first AIDS case was reported on June 5, 1981. The word AIDS was introduced at a ceremony in July 1982.

## **Social View of AIDS**

AIDS stigma exists in many forms in the world, including ostracism, social stigma, discrimination, and distancing from infected people.

## **Modes of transmission of AIDS**

It can be spread by coming into contact with the bodily fluids of an infected person. Eg: blood, semen, breast milk and others. AIDS is contracted by having unprotected sex with an infected person.

## **Measures for Preventive AIDS Disease**

National health portal have suggested some points to prevent HIV/AIDS.

- \* Use condom and other precautions to prevent AIDS.
- \* Regular tests conducted for patients suffering from AIDS.
- \* Changing injection needle for every patient.
- \* Conducting compulsory HIV test for pregnant women
- \* Before donating blood, it is tested to make sure it is HIV free of infection.

## **Problems faced by Younger generation/Adolescents.**

The current generations are finding it difficult to face the sudden and un ethical challenge thrown up by the present society. Rapid urbanisation has come in the way of the former

joint family system which played a very important role in supporting Physically, financially, morally and psychologically all the members of the joint family.

When youngsters need any help from their support system and move out to fend for themselves, whenever pressure gets to them they find refuge in the vicious world of alcohol, drugs and thereon. Having unprotected sex and falling prey to Hiv/Aids.

In this context the educational institutions play a important role by inculcating the ill effects of drugs, alcohol, safe sex, HIV/AIDS to the younger generation, presenting them the ways and means of avoiding the pit falls of urbanisation and in managing the high pressure atmosphere of modern society.

### **Menstrual Health for Girls:**

- 1. Education and Awareness:** It's crucial for girls to receive proper education about menstrual health, understanding the menstrual cycle, and the changes in their body. This reduces stigma and helps in managing menstruation effectively.
- 2. Hygiene Practices:** Using clean sanitary products (like pads, tampons, or menstrual cups), changing them regularly, and maintaining good hygiene are essential to prevent infections.



3. **Access to Products:** Affordable and accessible menstrual products are necessary for girls, especially in rural or underprivileged areas where period poverty is a concern.
4. **Nutrition:** A balanced diet rich in iron, calcium, and vitamins helps in maintaining menstrual health and reduces issues like fatigue or anemia during menstruation.
5. **Emotional Support:** Emotional well-being is important during menstruation. Girls may experience mood swings, and emotional support from family or friends can be beneficial.
6. **Healthcare Access:** In case of irregular periods, excessive pain, or other menstrual disorders (like PCOS or endometriosis), girls should have access to healthcare professionals for proper diagnosis and treatment.

### **Food Adulteration and its Impact on Girls:**

1. **Health Risks:** Consuming adulterated food, which is contaminated with harmful chemicals or additives, can cause serious health problems like food poisoning, organ damage, weakened immune systems, and long-term effects like cancer.



2. **Malnutrition:** Adulterated food often lacks essential nutrients, leading to malnutrition, which can be particularly harmful to growing girls as it affects their physical and cognitive development.
3. **Hormonal Imbalance:** Certain chemicals in adulterated food can disrupt the hormonal balance in girls, potentially affecting their reproductive health and menstrual cycles.
4. **Growth Impairment:** Consuming adulterated or low-quality food can hinder growth and development, affecting girls during their critical adolescent years.



## INDEPENDENT LIFE

---

Independent life refers to living a self-sufficient and autonomous life, where one makes their own decisions, takes care of themselves, and is responsible for their own well-being. It means being free from dependence on others for financial, emotional, or physical support.

### **Key aspects of an independent life include:**

1. Self-reliance
2. Financial independence
3. Personal freedom
4. Autonomy
5. Self-care
6. Decision-making
7. Problem-solving
8. Accountability

Living an independent life can bring numerous benefits, such as:

1. Confidence boost
2. Increased self-esteem
3. Improved mental and physical health
4. Enhanced creativity and innovation
5. Greater sense of purpose and fulfillment
6. Better time management and productivity
7. Stronger relationships (built on mutual respect and trust)

However, it's essential to note that independence doesn't mean isolation. Building a support network and nurturing relationships is crucial for a happy and healthy life.



## INTERPERSONAL RELATIONSHIPS

---

Interpersonal relationships refer to the connections and interactions we have with others, including family, friends, colleagues, and community members. These relationships play a vital role in our physical, emotional, and mental well-being.

**The value of interpersonal relationships lies in:**

1. **Emotional Support:** Providing comfort, encouragement and a sense of belonging.
2. **Social Connection:** Fostering a sense of community and reducing feelings of loneliness.
3. **Personal Growth:** Helping us develop emotional intelligence, empathy, and self-awareness.
4. **Practical Help:** Offering assistance with daily tasks, errands, and challenges.
5. **Networking:** Expanding our social circles, career opportunities, and access to resources.
6. **Stress Reduction:** Providing a support system to cope with life's challenges.

7. **Improved Mental Health:** Reducing symptoms of anxiety, depression, and other mental health concerns.
8. **Increased Happiness:** Releasing endorphins and promoting overall well-being.
9. **Diverse Perspectives:** Exposing us to new ideas, cultures, and ways of thinking.
10. **Sense of Purpose:** Giving us a feeling of belonging and meaning.

Nurturing and investing in interpersonal relationships can lead to a more fulfilling, supportive, and joyful life.

Valuing family relationships is essential for building strong, supportive, and loving bonds with your loved ones. Here are some reasons why family relationships are important:

1. **Shared History:** Family relationships are built on shared experiences, memories, and traditions.
2. **Trust and Loyalty:** Family members often have a deep sense of trust and loyalty towards each other.
3. **Personal Growth:** Family relationships help individuals develop important life skills, values and identity.
4. **Sense of Belonging:** Family provides a sense of belonging and connection to one's heritage and culture.



5. **Support Network:** Family members can offer practical help, advice and guidance during life's challenges.
6. **Unconditional Love:** Family relationships are often built on unconditional love and acceptance.
7. **Role Modeling:** Family members can model values, behaviors and character traits for each other.
9. **Shared Responsibilities:** Family members can share responsibilities and work together as a team.
9. **Legacy:** Family relationships can create a lasting legacy and impact future generations.

### **To value family relationships:**

1. Spend quality time together.
2. Communicate openly and honestly.
3. Show appreciation and gratitude.
4. Respect boundaries and individuality.
5. Foster traditions and shared activities.
6. Support each other's goals and dreams.
7. Practice forgiveness and understanding.
8. Prioritize family time and make it a priority.

By valuing family relationships, you can build strong, lasting bonds that bring joy, support, and meaning to your life.

## ADVANTAGE OF THE INTERNET AND GADGETS

---

The Internet is a vast network that connects computers all over the world. Through the Internet, people can share information and communicate from anywhere with an Internet connection.

1. **Access to Information:** The internet provides instant access to vast amounts of information and knowledge. Gadgets like smart phones and tablets make this information portable.
2. **Communication:** The internet and gadgets facilitate fast, global communication through emails, video calls, social media, and messaging apps.
3. **Convenience:** Gadgets allow users to perform tasks like banking, shopping, and booking services online, saving time and effort.
4. **Entertainment:** The internet offers a wide range of entertainment options such as streaming services, gaming, and social media. Gadgets provide easy access to these platforms.

5. **Remote Work and Learning:** The combination of internet and gadgets allows for flexible work and study environments, improving work-life balance.

### Disadvantages of the Internet and Gadgets:

1. **Cyber security Risks:** Internet users are susceptible to hacking, identity theft, and online fraud. Gadgets can be vulnerable to malware or data breaches.
2. **Addiction and Overuse:** Excessive use of gadgets and the internet can lead to addiction, negatively affecting mental health, sleep, and real-life interactions.
3. **Misinformation:** The spread of false information and fake news is prevalent on the internet, potentially misleading users.
4. **Privacy Concerns:** Personal information shared online can be exploited, and gadgets may collect data without user consent.
5. **Health Issues:** Prolonged use of gadgets can lead to physical health problems such as eye strain, poor posture, and a sedentary lifestyle.
6. **Social Isolation:** Heavy reliance on gadgets and internet use can reduce face-to-face interactions, contributing to social isolation.



## ROAD SAFETY MEASURES

### Road Safety

Now every city has traffic rules. If traffic rules are followed with self-motivation traffic will be smooth and pollution will be reduced. The country will also develop. Apart from that, we are able to join our beloved husband/ wife/ father/ son/ mother/daughter/ sister etc., who are waiting for us without accidents.



1. **Wear Seat Belts:** Always wear seat belts while driving or as a passenger. This can significantly reduce the risk of injury during accidents.
2. **Obey Traffic Signals and Signs:** Follow traffic lights, road signs, and signals to maintain order and safety on the road.
3. **Avoid Speeding:** Stick to the prescribed speed limits. High speeds reduce reaction times and increase the severity of accidents.





4. **No Drunk Driving:** Never drive under the influence of alcohol or drugs. This impairs judgment and reaction time, leading to accidents.



5. **Use Helmets:** Motorcyclists and cyclists should always wear helmets to protect their heads in case of a crash.



6. **Avoid Mobile Phone Use:** Do not use mobile phones while driving. It distracts from the road and can lead to accidents.
7. **Maintain Safe Distance:** Keep a safe distance between your vehicle and the one ahead to prevent collisions in case of sudden stops.
8. **Check Blind Spots:** Always check blind spots before changing lanes or merging to avoid accidents with unseen vehicles.
9. **Follow Pedestrian Rules:** Give right of way to pedestrians, especially at crosswalks, and be alert in areas with heavy foot traffic.
10. **Use Indicators:** Always signal before turning or changing lanes.
11. **Drive According to Weather Conditions:** Slow down in adverse weather conditions such as rain, snow, or fog to maintain better control of the vehicle.



- 12. Enforce Child Safety:** Use appropriate child restraints and seats for young passengers.
- 13. Wear Reflective Gear:** Pedestrians, cyclists, and motorcyclists should wear reflective clothing or gear, especially at night, to be more visible.



## ABOUT CANCER AWARENESS

---

Cancer is a diseases wherein cells grow and divide uncontrollably, which can lead to the spread of abnormal cells throughout the body.



Cancer is the name for over 200 diseases in which abnormal cells grow and rapidly divide. These cells usually develop into a lump called a tumour. Cancer may spread to other parts of the body. The body is made up of billions of tiny things called cells, and each has a job to make your body work and stay healthy.

Cancer causes are as follows: Tobacco use, Alcohol Consumption, Unhealthy Diet, Physical Inactivity, Air pollution and etc.,

Warning signs of Cancer are as follows: An unusual swelling, Abnormal Bleeding, Sudden changes in Vision, Hearing, Speech, Mood, Memory or Balance, Persistent daily headaches, Ongoing pain or numbness, Frequent infections and fever, Sudden Unexplained weight loss, A new mole or unusual spot on your skin, or a mole that's changing in size, shape or colour, Persistent night-time sweating.

Most common type of cancer are Lung Cancer, Prostate Cancer, Liver Cancer, Breast Cancer, Skin Cancer, Ovarian Cancer etc.,

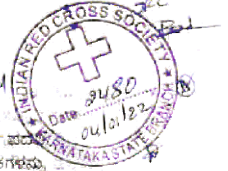
Treatments for cancer are Surgery, Chemotherapy, Radiation Therapy are the most common types of treatment for cancer. In Surgery cancer is removed from the part of the body as much as possible. In Chemotherapy, with the help of medicines, toxic cells that are rapidly dividing cancer cells are killed. And in Radiation therapy, powerful radiation is used in the body to kill the cells of cancer.

Foods that prevent cancer risk are Berries, Broccoli, Tomatoes, Walnuts, Grapes and other vegetables, fruits and nuts and Healthy Life Style.





## ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ಸಡವಳಿಗಳು



ವಿಷಯ:- ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ, ಅನುದಾನಿತ ಮತ್ತು ಅನುದಾನರಹಿತ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳಲ್ಲಿ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕಗಳನ್ನು ಪ್ರಾರಂಭಿಸುವ ಬಗ್ಗೆ.  
 ಓದಲಾಗಿದೆ:- ನಿರ್ದೇಶಕರು, ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆರವರು, ಪತ್ರ ಸಂಖ್ಯೆ: ಸಮೂಹಿ/ಶೈಕ್ಷಣಿಕ/ಕ್ರಾಸ್/2021-22.

\* \* \*

### ಪ್ರಸ್ತಾವನೆ:

ಮೇಲೆ ಓದಲಾದ ಪತ್ರದಲ್ಲಿ ನಿರ್ದೇಶಕರು, ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆರವರು ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ, ಅನುದಾನಿತ/ಅನುದಾನರಹಿತ ಪ್ರೌಢ ಶಾಲೆಗಳಲ್ಲಿ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಶಾಖೆ ಪ್ರಾರಂಭಿಸಿ, ಪ್ರತೀ ವರ್ಷವೂ ಶಾಲಾ ಸದಸ್ಯತ್ವದ ಶುಲ್ಕವಾಗಿ ರೂ.100/-ಗಳನ್ನು ಪಾವತಿಸಿ ಹಾಗೂ ಪ್ರತಿ ವರ್ಷ ಪ್ರತಿಯೊಬ್ಬ ಪ್ರೌಢ ಶಾಲಾ ವಿದ್ಯಾರ್ಥಿಯಿಂದ ರೂ.10/-ಅನ್ನು ಸಂಗ್ರಹಿಸಿ, ಆದರಲ್ಲಿ ರೂ.4/-ನ್ನು ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆ, ಬೆಂಗಳೂರು ಇಲ್ಲಿಗೆ ಪಾವತಿಸಿ ನೋಂದಾಯಿಸಿಕೊಳ್ಳುವಂತೆ ಹಾಗೂ ಉಳಿದ ರೂ.6/-ಗಳನ್ನು ಶಾಲೆಯಲ್ಲಿ ರೆಡ್ ಕ್ರಾಸ್ ಚಟುವಟಿಕೆಗಳಿಗೆ ಉಪಯೋಗಿಸಿಕೊಳ್ಳುವಂತೆ ಸರ್ಕಾರದ ಆದೇಶ ಸಂಖ್ಯೆ: ಇಡಿ 192 ಎಸ್.ಎಲ್.ಡಿ 2017 ದಿನಾಂಕ:03-03-2020ರಲ್ಲಿ ಆದೇಶಿಸಲಾಗಿದೆ. ಆದರಂತೆ, ರಾಜ್ಯದ ಎಲ್ಲಾ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳಲ್ಲಿ ಇದುವರೆಗೂ ಯಾವರೇಡ್ ಕ್ರಾಸ್ ಆಫೀಸ್ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಸದಸ್ಯತ್ವ ಪಡೆದಿರುವುದಿಲ್ಲ ಮತ್ತು ರೆಡ್ ಕ್ರಾಸ್ ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ಭಾಗವಹಿಸುತ್ತಿಲ್ಲ. ಅದುದರಿಂದ ರಾಜ್ಯದ ಎಲ್ಲಾ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳನ್ನು ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ವಿಭಾಗಕ್ಕೆ ರೂ.100/-ನ್ನು ಸದಸ್ಯತ್ವ ಶುಲ್ಕವಾಗಿ ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆಗೆ ಪಾವತಿಸಿ, ಪ್ರತಿಯೊಬ್ಬ ವಿದ್ಯಾರ್ಥಿಯಿಂದ ರೂ.25/-ನ್ನು ರೆಡ್ ಕ್ರಾಸ್ ಶುಲ್ಕವಾಗಿ ಸಂಗ್ರಹಿಸಿ, ಸದರಿ ರೂ.25/-ರಲ್ಲಿ ರೂ.10/-ನ್ನು ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆ, ಬೆಂಗಳೂರು-560 001 ಇಲ್ಲಿಗೆ ಕಳುಹಿಸಿಕೊಡುವಂತೆ ಹಾಗೂ ಉಳಿದ ರೂ.15/-ನ್ನು ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳಲ್ಲಿಯೇ ಉಳಿಸಿಕೊಳ್ಳುವಂತೆ ಪದವಿ ಪೂರ್ವ ಇಲಾಖೆಯಿಂದ ಆದೇಶ ಹೊರಡಿಸಬೇಕೆಂದು ಶ್ರೀ ಎಸ್.ನಾಗಪ್ಪ, ಸಭಾಪತಿ, ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆ, ಬೆಂಗಳೂರು ಇವರು ಕೋರಿಯುತ್ತಾರೆ. ಈ ಕುರಿತಂತೆ ಸರ್ಕಾರದ ಹಂತದಲ್ಲಿ ನಿರ್ಣಯಿಸಿ, ಆದೇಶ ಹೊರಡಿಸುವಂತೆ ನಿರ್ದೇಶಕರು ಪ್ರಸ್ತಾವನೆ ಸಲ್ಲಿಸುತ್ತಾರೆ.

ನಿರ್ದೇಶಕರು, ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆರವರು ಪ್ರಸ್ತಾವನೆಯನ್ನು ಪರಿಶೀಲಿಸಿ, ಸರ್ಕಾರವು ಈ ಕೆಳಕಂಡಂತೆ ಆದೇಶಿಸಿದೆ.

ಸರ್ಕಾರದ ಆದೇಶ ಸಂಖ್ಯೆ:ಇಪಿ 218 ಎಸ್.ಹೆಚ್.ಹೆಚ್ 2021

ಬೆಂಗಳೂರು, ದಿನಾಂಕ:04-01-2022.

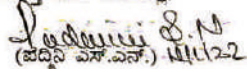
ಪ್ರಸ್ತಾವನೆಯಲ್ಲಿ ವಿವರಿಸಿರುವ ಅಂಶಗಳ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಕರ್ನಾಟಕ ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ/ಅನುದಾನಿತ/ಅನುದಾನರಹಿತ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳಲ್ಲಿ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕಗಳನ್ನು ಪ್ರಾರಂಭಿಸಲು ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ವಿಭಾಗಕ್ಕೆ ವಾರ್ಷಿಕವಾಗಿ ರೂ.100/-ಗಳನ್ನು(ನೂರು ರೂಪಾಯಿಗಳು ಮಾತ್ರ) ಸದಸ್ಯತ್ವ ಶುಲ್ಕವಾಗಿ ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆ, ಬೆಂಗಳೂರು ಇಲ್ಲಿ ಪಾವತಿಸಿ ನೋಂದಾಯಿಸಿಕೊಳ್ಳುವುದು, ರಾಜ್ಯದ ಎಲ್ಲಾ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳ ಪ್ರತಿಯೊಬ್ಬ ವಿದ್ಯಾರ್ಥಿಯಿಂದ ರೂ.25/-ಗಳನ್ನು(ಇಪ್ಪತ್ತೈದು ರೂಪಾಯಿಗಳು ಮಾತ್ರ) ರೆಡ್ ಕ್ರಾಸ್ ಶುಲ್ಕವಾಗಿ ಸಂಗ್ರಹಿಸಿ, ಆದರಲ್ಲಿ ರೂ.10/-ಗಳನ್ನು(ಹತ್ತು ರೂಪಾಯಿಗಳು ಮಾತ್ರ) ಭಾರತೀಯ



ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆ, ಬೆಂಗಳೂರು-560 001 ಇಲ್ಲಿಗೆ ಕಳುಹಿಸಿಕೊಡುವಂತೆ ಹಾಗೂ ರೂ.15/-ಗಳನ್ನು(ಪದಿನೈದು ರೂಪಾಯಿಗಳು ಮಾತ್ರ) ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಚಟುವಟಿಕೆಗಳಿಗಾಗಿ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳಲ್ಲಿಯೇ ಉಳಿಸಿಕೊಳ್ಳಲು ಸರ್ಕಾರದ ಮಂಜೂರಾತಿಯನ್ನು ನೀಡಿ ಆದೇಶಿಸಿದೆ.

ಈ ಬಗ್ಗೆ ನಿರ್ದೇಶಕರು, ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆ, ಬೆಂಗಳೂರು ಇವರು ಸೂಕ್ತ ಸುತ್ತೋಲೆಯನ್ನು ಹೊರಡಿಸಲು ಸೂಕ್ತ ಕ್ರಮಕೈಗೊಳ್ಳುವಂತೆ ತಿಳಿಸಲಾಗಿದೆ.

ಕರ್ನಾಟಕ ರಾಜ್ಯಪಾಲರ ಆಜ್ಞಾನುಸಾರ  
ಮತ್ತು ಅವರ ಪೆಸರಿನಲ್ಲಿ,

  
(ಪದವಿ ಎಸ್.ಎಸ್.) 11/1/22

ಸರ್ಕಾರದ ಅಧೀನ ಕಾರ್ಯದರ್ಶಿ,

ಶಿಕ್ಷಣ ಇಲಾಖೆ(ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ)

ಇವರಿಗೆ:-

1. ಮಹಾಲೇಖಪಾಲರು, ಕರ್ನಾಟಕ(ಎ & ಇ), ಬೆಂಗಳೂರು.
2. ನಿರ್ದೇಶಕರು, ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆ, 18ನೇ ಕ್ರಾಸ್, ಮಲ್ಲೇಶ್ವರಂ, ಬೆಂಗಳೂರು.
3. ಸಂಬಂಧಿಸಿದ ಜಿಲ್ಲಾ ಉಪ ನಿರ್ದೇಶಕರು, ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆ(ನಿರ್ದೇಶಕರು, ಪದವಿಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆರವರ ಮೂಲಕ).
4. ಶಾಖಾ ರಕ್ಷಾ ಕಡತ/ಹೆಚ್ಚುವರಿ ಪ್ರತಿಗಳು.



ಕರ್ನಾಟಕ ಸರ್ಕಾರ

ನಿರ್ದೇಶಕರ ಕಛೇರಿ, ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆ, 18ನೇ ಅಡ್ಡರಸ್ತೆ, ಮಲ್ಲೇಶ್ವರಂ, ಬೆಂಗಳೂರು-12

E-mail: Commissioner.pue@gmail.com. Ph.No.: 23361857, 23361858 Fax: 23361852

ಸಂಖ್ಯೆ : ಪಪೂಪಿಇ/ಶೈಶಾ/ರೆ.ಕ್ರಾಸ್.ಫ/2021-22

ದಿನಾಂಕ : 19-01-2022

ಜ್ಞಾಪನ

ವಿಷಯ : ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ, ಅನುದಾನಿತ ಮತ್ತು ಅನುದಾನರಹಿತ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳಲ್ಲಿ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕಗಳನ್ನು ಪ್ರಾರಂಭಿಸುವ ಬಗ್ಗೆ.

ಉಲ್ಲೇಖ : 1. ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರವರ ಪತ್ರದ ಸಂಖ್ಯೆ: IRCS/IRC/PUCGO/1907/2020-21 ದಿನಾಂಕ : 19-02-2021

2. ಈ ಕಛೇರಿ ಪತ್ರ ಸಂಖ್ಯೆ: ಪಪೂಪಿಇ/ಶೈಶಾ/ರೆ.ಕ್ರಾಸ್.ಫ/2021-22 ದಿನಾಂಕ : 07-08-2021.

3. ಸರ್ಕಾರದ ಆದೇಶ ಸಂಖ್ಯೆ : ಇಪಿ 218 ಎಸ್‌ಹೆಚ್‌ಹೆಚ್ 2021 ಬೆಂಗಳೂರು, ದಿನಾಂಕ : 04-01-2022.

ಕುರಿತು

ಮೇಲ್ಕಂಡ ವಿಷಯ ಹಾಗೂ ಉಲ್ಲೇಖಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ, ಉಲ್ಲೇಖ 01ರ ಪತ್ರದಲ್ಲಿ ಕರ್ನಾಟಕದಲ್ಲಿರುವ ಎಲ್ಲಾ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳಲ್ಲಿ, ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕಗಳನ್ನು ಸ್ಥಾಪಿಸಲು ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆಯಿಂದ ಆದೇಶ ಹೊರಡಿಸಬೇಕೆಂದು ಶ್ರೀ ಎಸ್. ನಾಗಣ್ಣ, ಸಭಾಪತಿ, ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆ, ಬೆಂಗಳೂರು, ಇವರು ಕೋರಿರುತ್ತಾರೆ. ಈ ಸಂಬಂಧವಾಗಿ ಉಲ್ಲೇಖ 02ರ ಪತ್ರದಲ್ಲಿ ಎಲ್ಲಾ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳಲ್ಲಿ, ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕಗಳನ್ನು ಸ್ಥಾಪಿಸಲು ಸರ್ಕಾರದ ಹಂತದಲ್ಲಿ ನಿರ್ಣಯಿಸಿ ಆದೇಶಹೊರಡಿಸಬೇಕಾಗಿರುವುದರಿಂದ ದಿನಾಂಕ : 07-08-2021 ರಂದು ಸರ್ಕಾರಕ್ಕೆ ಪತ್ರವನ್ನು ಕಳುಹಿಸಲಾಗಿರುತ್ತದೆ.

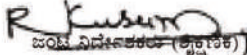
ಮುಂದುವರೆದು, ಉಲ್ಲೇಖ 03 ಸರ್ಕಾರದ ಆದೇಶ ಸಂಖ್ಯೆ: ಇಪಿ 218 ಎಸ್‌ಹೆಚ್‌ಹೆಚ್ 2021 ಬೆಂಗಳೂರು, ದಿನಾಂಕ : 04-01-2022ರನ್ವಯ ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ, ಅನುದಾನಿತ ಮತ್ತು ಅನುದಾನರಹಿತ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳಲ್ಲಿ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕಗಳನ್ನು ಪ್ರಾರಂಭಿಸಲು ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ವಿಭಾಗಕ್ಕೆ ವಾರ್ಷಿಕವಾಗಿ ರೂ.100/-ಗಳನ್ನು (ನೂರು ರೂಪಾಯಿಗಳು ಮಾತ್ರ) ಸದಸ್ಯತ್ವ ಶುಲ್ಕವಾಗಿ ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆ, ಬೆಂಗಳೂರು ಇಲ್ಲಿ ಪಾವತಿಸಿ ನೋಂದಾಯಿಸಿಕೊಳ್ಳುವುದು. ರಾಜ್ಯದ ಎಲ್ಲಾ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳ ಪ್ರತಿಯೊಬ್ಬ ವಿದ್ಯಾರ್ಥಿಯಿಂದ ರೂ.25/-ಗಳನ್ನು (ಇಪ್ಪತ್ತೈದು ರೂಪಾಯಿಗಳು ಮಾತ್ರ) ರೆಡ್ ಕ್ರಾಸ್ ಶುಲ್ಕವಾಗಿ



ಸಂಗ್ರಹಿಸಿ, ಅದರಲ್ಲಿ ರೂ.10/-ಗಳನ್ನು (ಹತ್ತು ರೂಪಾಯಿಗಳು ಮಾತ್ರ) ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆ, ಬೆಂಗಳೂರು-560001 ಇಲ್ಲಿಗೆ ಕಳುಹಿಸಿಕೊಡುವಂತೆ ಹಾಗೂ ರೂ.15/-ಗಳನ್ನು (ಹದಿನೈದು ರೂಪಾಯಿಗಳು ಮಾತ್ರ) ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಚಟುವಟಿಕೆಗಳಿಗಾಗಿ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳಲ್ಲಿಯೇ ಉಳಿಸಿಕೊಳ್ಳಲು ಸರ್ಕಾರವು ಮಂಜೂರಾಪಿಯನ್ನು ನೀಡಿ ಆದೇಶಿಸಿದೆ.

ಸಂಗ್ರಹಿಸಲಾದ ಶುಲ್ಕದ ಲೆಕ್ಕಪತ್ರಗಳನ್ನು ರಸೀದಿ ಪುಸ್ತಕಗಳೊಂದಿಗೆ ಇಲಾಖೆಯ ನಿಯಮಾನುಸಾರ ಸೂಕ್ತ ರೀತಿಯಲ್ಲಿ ನಿರ್ವಹಿಸಲು ಸೂಚಿಸಿದೆ. ರೆಡ್ ಕ್ರಾಸ್ ಚಟುವಟಿಕೆಗಳು, ಇಲಾಖೆ ಸೂಚಿಸಿರುವ ಚಟುವಟಿಕೆಗಳು ಮತ್ತು ಇನ್ನಿತರೆ ಚಟುವಟಿಕೆಗಳನ್ನು ಪ್ರಸ್ತುತ ಕೋವಿಡ್ ಪರಿಸ್ಥಿತಿಯಲ್ಲಿ ಕೋವಿಡ್ ಮುಂಜಾಗ್ರತಾ ಕ್ರಮಗಳನ್ನು ಪಾಲಿಸಿಕೊಂಡು ಸಣ್ಣ ಪ್ರಮಾಣದಲ್ಲಿ ನಡೆಸಬೇಕೆಂದು ತಿಳಿಸಿದೆ.

ಮಾನ್ಯ ನಿರ್ದೇಶಕರ ಆದೇಶದ ಮೇರೆಗೆ.

  
 ಬಂಟ್ ನಿರ್ದೇಶಕರ (ಕ್ರಾಸ್)  
 ಪದವಿ ಸೂಕ್ಷ್ಮ ಶಿಕ್ಷಣ ಇಲಾಖೆ



ಪ್ರತಿಗಳು :

1. ಇಂಡಿಯನ್ ರೆಡ್ ಕ್ರಾಸ್ ಸೊಸೈಟಿ, #26, ರೆಡ್ ಕ್ರಾಸ್ ಭವನ್, 1ನೇ ಮಹಡಿ, ರೇಸ್ ಕೋರ್ಸ್ ರೋಡ್, ಬೆಂಗಳೂರು-560001.
2. ನಿರ್ದೇಶಕರ ಆಪ್ತ ಶಾಖೆ, ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆ ಬೆಂಗಳೂರು.
3. ರಾಜ್ಯದ ಎಲ್ಲಾ ಜಿಲ್ಲಾ ಉಪ ನಿರ್ದೇಶಕರಿಗೆ ಮುಂದಿನ ಸೂಕ್ತ ಕ್ರಮಕ್ಕಾಗಿ.
4. ಸಹಾಯಕ ನಿರ್ದೇಶಕರು, ಇ-ಆಡಳಿತ, ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆ ಬೆಂಗಳೂರು. ಇವರಿಗೆ ಇಲಾಖಾ ಜಾಲತಾಣದಲ್ಲಿ ಅಳವಡಿಸಲು ಹಾಗೂ ರಾಜ್ಯದ ಎಲ್ಲಾ ಉಪನಿರ್ದೇಶಕರುಗಳ ಇ-ಮೇಲ್ ವಿಳಾಸಕ್ಕೆ ಕಳುಹಿಸಲು.
5. ಕಛೇರಿ ಪ್ರತಿ.

## ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ನಡವಳಿಕೆಗಳು

ವಿಷಯ : ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ ಅನುದಾನಿತ / ಅನುದಾನರಹಿತ ಪ್ರೌಢಶಾಲೆಗಳಲ್ಲಿ ಕಿರಿಯ  
ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆಗಳನ್ನು ಸ್ಥಾಪಿಸುವ ಕುರಿತು

ಓದಲಾಗಿದೆ :-

1. ಆಯುಕ್ತರು ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ, ಬೆಂಗಳೂರು ಇವರ ಸುತ್ತೋಲೆ ಸಂಖ್ಯೆ: ಸಿಎಂಐ.2: 176: ಜೂ.ರೈ.ಕ್ರಾ: 2011-12 ದಿನಾಂಕ: 20/05/2011
2. ಅಧ್ಯಕ್ಷರು ಮತ್ತು ಪ್ರಧಾನ ಕಾರ್ಯದರ್ಶಿ, ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸೊಸೈಟಿ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆ, ಬೆಂಗಳೂರು ಇವರ ಪತ್ರ ಸಂಖ್ಯೆ: ICSR/RCK/JRC-Gu/C-2/CR-5/2017-18 ದಿನಾಂಕ: 20/04/2017
3. ಸಭೆಯ ನಡವಳಿಕೆಯ ದಿನಾಂಕ: 01/06/2019
4. ನಿರ್ದೇಶಕರು, (ಪ್ರೌಢಶಿಕ್ಷಣ) ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ, ಬೆಂಗಳೂರು ಇವರ ಪತ್ರ ಸಂಖ್ಯೆ : ಸಿ4(6)/ಸ.ಪ್ರೌ.ಶಾ/ರೆಡ್ ಕ್ರಾಸ್/94/2012-13 ದಿನಾಂಕ: 07/09/2019.

ಪ್ರಸ್ತಾವನೆ:-

ಮೇಲೆ ಓದಲಾದ ಕ್ರಮ ಸಂಖ್ಯೆ-4ರಲ್ಲಿ ನಿರ್ದೇಶಕರು, (ಪ್ರೌಢಶಿಕ್ಷಣ) ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ, ಬೆಂಗಳೂರು ಇವರ ಪತ್ರದಲ್ಲಿ ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ ಅನುದಾನಿತ / ಅನುದಾನರಹಿತ ಪ್ರೌಢಶಾಲೆಗಳಲ್ಲಿ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಶಾಲೆಗಳನ್ನು ಪ್ರಾರಂಭಿಸಿ, ವಾಪಕವಾಗಿ ಶಾಲಾ ಸದಸ್ಯತ್ವದ ಹುಲ್ಕು 100/-ರೂಗಳನ್ನು ಪಾವತಿಸಿ ನೋಂದಾಯಿಸಿಕೊಂಡು, ಪ್ರೌಢಶಾಲಾ ವಿದ್ಯಾರ್ಥಿಗಳಿಂದ 10/-ರೂಗಳನ್ನು ಪಡೆದು ಅದರಲ್ಲಿ 6/- ರೂಗಳನ್ನು ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಚಟುವಟಿಕೆಗೆ ಹಾಗೂ 4/- ರೂಗಳನ್ನು ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಕಾರ್ಯ ಚಟುವಟಿಕೆಗಳಿಗೆ ಉಪಯೋಗಿಸಿಕೊಳ್ಳಲು ದಿನಾಂಕ: 01/06/2019ರಂದು ಸರ್ಕಾರದ ಪ್ರಧಾನ ಕಾರ್ಯದರ್ಶಿಯವರ ಅಧ್ಯಕ್ಷತೆಯಲ್ಲಿ ನಡೆದ ಸಭೆಯಲ್ಲಿ ನಿರ್ಣಯಿಸಲಾಗಿರುತ್ತದೆ.

ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಶಾಖೆಗಳನ್ನು ಶಾಲೆಗಳಲ್ಲಿ ಪ್ರಾರಂಭಿಸಿರುವುದರಿಂದ ಮಕ್ಕಳಲ್ಲಿ ಸಂಚಾರಿ ನಿರ್ಮಿತ, ಸ್ವಚ್ಛತೆ, First-Aid, Disaster Management, Basic Competency Skills ಬಗ್ಗೆ ತರಬೇತಿ ಶಿಬಿರಗಳನ್ನು ಹಮ್ಮಿಕೊಳ್ಳಲಾಗುವುದೆಂದು ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆಯ ಪ್ರಧಾನ ಕಾರ್ಯದರ್ಶಿಯವರು ಸದರಿ ಸಭೆಯಲ್ಲಿ ಪ್ರಸ್ತಾಪಿಸಿರುತ್ತಾರೆ. ಪ್ರೌಢಶಾಲಾ ಮಕ್ಕಳಿಗೆ ಉತ್ತಮ ತರಬೇತಿಗಳನ್ನು ನೀಡುವ ಸಂಬಂಧ ಪ್ರಾಥಮಿಕ ಮತ್ತು ಪ್ರೌಢಶಿಕ್ಷಣ ಇಲಾಖೆಯಿಂದ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆಗೆ ಅನುದಾನವನ್ನು ನೀಡಲಾಗುವುದೆಂದು ಎಂದು ಪ್ರಸ್ತಾಪಿಸಿದ್ದು, ಮೊದಲಿಗೆ ಪ್ರೌಢಶಾಲೆಗಳಲ್ಲಿ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಶಾಖೆಗಳನ್ನು ಪ್ರಾರಂಭಿಸುವ ಕುರಿತು ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆಯಿಂದ ಸರ್ಕಾರಕ್ಕೆ ಪ್ರಸ್ತಾವನೆಯನ್ನು ಸಲ್ಲಿಸುವಂತೆ ದಿ: 01/06/2019ರ ಸಭೆಯಲ್ಲಿ ನಿರ್ಧರಿಸಿರುವಂತೆ ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ ಅನುದಾನರಹಿತ / ಅನುದಾನಿತ ಪ್ರೌಢಶಾಲೆಗಳಲ್ಲಿ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಶಾಖೆಗಳನ್ನು ಪ್ರಾರಂಭಿಸುವ ಬಗ್ಗೆ ಸರ್ಕಾರದ ಹಂತದಲ್ಲಿ ಸೂಕ್ತ ಆದೇಶವನ್ನು ಹೊರಡಿಸುವಂತೆ ನಿರ್ದೇಶಕರು (ಪ್ರೌಢಶಿಕ್ಷಣ) ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ, ಬೆಂಗಳೂರು ರವರು ಸರ್ಕಾರಕ್ಕೆ ಪ್ರಸ್ತಾವನೆಯನ್ನು ಸಲ್ಲಿಸಿರುತ್ತಾರೆ.

ಸದರಿ ಪ್ರಸ್ತಾವನೆಯನ್ನು ಪರಿಶೀಲಿಸಿ ಈ ಕೆಳಕಂಡಂತೆ ಆದೇಶಿಸಿದೆ.

ಸರ್ಕಾರಿ ಆದೇಶ ಸಂಖ್ಯೆ : ಇಡಿ 192 ಎಸ್.ಎಲ್.ಬಿ 2017, ಬೆಂಗಳೂರು, ದಿನಾಂಕ: 03ನೇ ಮಾರ್ಚ್ 2020.

ಪ್ರಸ್ತಾವನೆಯಲ್ಲಿ ವಿವರಿಸಿರುವ ಕಾರಣಗಳ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಕರ್ನಾಟಕ ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ ಅನುದಾನಿತ / ಅನುದಾನರಹಿತ ಪ್ರೌಢಶಾಲೆಗಳಲ್ಲಿ ವಾಪಕವಾಗಿ ಶಾಲಾ ಸದಸ್ಯತ್ವದ ಹುಲ್ಕು ರೂ.100/-ಗಳನ್ನು (ನೂರು ರೂಪಾಯಿಗಳು ಮಾತ್ರ) ಪಾವತಿಸಿ ನೋಂದಾಯಿಸಿಕೊಳ್ಳುವುದು ಹಾಗೂ ಪ್ರೌಢಶಾಲೆಗಳ (8 ರಿಂದ 10ನೇ ವಿದ್ಯಾರ್ಥಿಗಳು) ರೂ.10/-ಗಳನ್ನು

(ಹತ್ತು ರೂಪಾಯಿಗಳು ಮಾತ್ರ) ಪ್ರತಿ ವಿದ್ಯಾರ್ಥಿಗಳಿಂದ ಪಡೆದು, ಅದರಲ್ಲಿ ರೂ. 6/- ಗಳನ್ನು (ಆರು ರೂಪಾಯಿಗಳು ಮಾತ್ರ) ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಚಟುವಟಿಕೆಗೆ ಹಾಗೂ ರೂ. 4/-ಗಳನ್ನು (ನಾಲ್ಕು ರೂಪಾಯಿಗಳು ಮಾತ್ರ) ಕಿರಿಯ ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆಯ ಕಾರ್ಯಚಟುವಟಿಕೆಗಳಿಗೆ ಉಪಯೋಗಿಸಿಕೊಳ್ಳಲು ಸರ್ಕಾರದ ಮಂಜೂರಾತಿಯನ್ನು ನೀಡಿ ಅದೇವಿಸಿದೆ.

ಈ ಬಗ್ಗೆ ಆಯುಕ್ತರು ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ, ಬೆಂಗಳೂರು ಇವರು ಸೂಕ್ತ ಸುತ್ತೋಲೆಯನ್ನು ಹೊರಡಿಸಲು ಸೂಕ್ತ ಕ್ರಮ ಕೈಗೊಳ್ಳುವಂತೆ ತಿಳಿಸಲಾಗಿದೆ.

ಕೆ.ಎಸ್.ಎಸ್.  
6/3/2020  
ಶಿಕ್ಷಣ ಇಲಾಖೆ (ಪ್ರಾಥಮಿಕ ಶಿಕ್ಷಣ)

ಕರ್ನಾಟಕ ರಾಜ್ಯಪಾಲರ ಅಜ್ಞಾನುಸಾರ  
ಮತ್ತು ಅವರ ಹೆಸರಿನಲ್ಲಿ  
Rajyashree V T  
(ಎ.ಟಿ. ರಾಜ್ಯಶ್ರೀ)  
ಸರ್ಕಾರದ ಅಧೀನ ಕಾರ್ಯದರ್ಶಿ  
ಶಿಕ್ಷಣ ಇಲಾಖೆ (ಪ್ರೌಢ ಶಿಕ್ಷಣ)  
3/3

ಇವರಿಗೆ :-

1. ಮಹಾಲೇಖಪಾಲರು, ಕರ್ನಾಟಕ (ಎ ಮತ್ತು ಇ), ಬೆಂಗಳೂರು
2. ಆಯುಕ್ತರು, ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ, ಬೆಂಗಳೂರು.
3. ರಾಜ್ಯ ಯೋಜನಾ ನಿರ್ದೇಶಕರು ಸಮಗ್ರ ಶಿಕ್ಷಣ ಅಭಿಯಾನ ಬೆಂಗಳೂರು
4. ಅಪರ ಆಯುಕ್ತರು ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ, ಧಾರವಾಡ / ಕಲಬುರಗಿ
5. ನಿರ್ದೇಶಕರು ಡಿ.ಎಸ್.ಇ. ಆರ್.ಟಿ. ಬೆಂಗಳೂರು.
6. ನಿರ್ದೇಶಕರು (ಪ್ರೌಢಶಿಕ್ಷಣ) ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ, ಬೆಂಗಳೂರು.
7. ನಿರ್ದೇಶಕರು (ಪರೀಕ್ಷೆಗಳು) /ಇತರೆ ಕರ್ನಾಟಕ ಪ್ರೌಢಶಿಕ್ಷಣ ಮಂಡಳಿ, ಮಲ್ಲೇಶ್ವರಂ, ಬೆಂಗಳೂರು
8. ಎಲ್ಲಾ ಉಪ ನಿರ್ದೇಶಕರುಗಳಿಗೆ ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ, (ಆಯುಕ್ತರು ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ ಬೆಂಗಳೂರು ಇವರ ಮುಖಾಂತರ)
9. ಶಾಖಾ ರಕ್ಷಾ ಕಡತ/ಹೆಚ್ಚುವರಿ ಪ್ರತಿಗಳು.

ಪ್ರತಿ :-

1. ಮಾನ್ಯ ಪ್ರಾಥಮಿಕ ಮತ್ತು ಪ್ರೌಢಶಿಕ್ಷಣ ಹಾಗೂ ಸಕಾಲ ಸಚಿವರ ಆಪ್ತ ಕಾರ್ಯದರ್ಶಿ, ವಿಧಾನ ಸೌಧ ಬೆಂಗಳೂರು
2. ಸರ್ಕಾರದ ಪ್ರಧಾನ ಕಾರ್ಯದರ್ಶಿಗಳು, ಪ್ರಾಥಮಿಕ ಮತ್ತು ಪ್ರೌಢಶಿಕ್ಷಣ ಇಲಾಖೆ, ಬೆಂಗಳೂರು
3. ಸರ್ಕಾರದ ಉಪ ಕಾರ್ಯದರ್ಶಿಗಳು, ಪ್ರಾಥಮಿಕ ಮತ್ತು ಪ್ರೌಢಶಿಕ್ಷಣ ಇಲಾಖೆ, ಬೆಂಗಳೂರು





ಕರ್ನಾಟಕ ಸರ್ಕಾರ  
ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ

ಆಯುಕ್ತರ ಕಛೇರಿ, ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ, ನೃಪತುಂಗ ರಸ್ತೆ, ಬೆಂಗಳೂರು-01

ಸಂಖ್ಯೆ:ಸಿ4(6)/ಪ್ರೌಶಿ/ರೇಕ್ರಾ/ಪ.ಅನು/6/2021-22.

ದಿನಾಂಕ: 28-12-2021

ಸುತ್ತೋಲೆ

ವಿಷಯ : ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ, ಅನುದಾನಿತ/ಅನುದಾನ ರಹಿತ ಪ್ರೌಢ ಶಾಲೆಗಳಲ್ಲಿ 8,9 ಮತ್ತು 10ನೇ ತರಗತಿಗಳ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕವನ್ನು ಪ್ರಾರಂಭಿಸುವ ಬಗ್ಗೆ-

- ಉಲ್ಲೇಖ : 1. ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸೊಸೈಟಿ, ಬೆಂಗಳೂರು ಪತ್ರ ಸಂಖ್ಯೆ: ಐಆರ್‌ಸಿಎಸ್/ಜೆಆರ್‌ಸಿ/2698/20-21. ದಿನಾಂಕ: 24-28/11/2021.  
2. ಸರ್ಕಾರ ಆದೇಶ ಸಂಖ್ಯೆ: ಇಡಿ. 192.ಎಸ್‌ಎಲ್‌ಬಿ.2017. ಬೆಂಗಳೂರು. ದಿ:03/03/2020.  
3. ಈ ಕಛೇರಿಯ ಸುತ್ತೋಲೆ ಸಂಖ್ಯೆ: ಸಿ4(6)/ಸಪ್ರೌಶಾ/ರೆಡ್ ಕ್ರಾಸ್/94/2012-13. ದಿ: 23/06/2020.

\*\*\*\*\*

ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಉಲ್ಲೇಖ-1ರ ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ, ಅನುದಾನಿತ ಮತ್ತು ಅನುದಾನ ರಹಿತ ಪ್ರೌಢ ಶಾಲೆಗಳಲ್ಲಿ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕವನ್ನು ಪ್ರಾರಂಭಿಸಲು ಉಲ್ಲೇಖ-2 ರಲ್ಲಿನ ಆದೇಶಗಳನ್ನು ಉಲ್ಲೇಖಿಸುತ್ತಾ, ಸುತ್ತೋಲೆಯನ್ನು ಮತ್ತೊಮ್ಮೆ ಹೊರಡಿಸಲು ಮನವಿ ಮಾಡುತ್ತಾರೆ.

ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಶಾಖೆಗಳನ್ನು ಶಾಲೆಗಳಲ್ಲಿ ಪ್ರಾರಂಭಿಸುವುದರಿಂದ ಪ್ರೌಢ ಶಾಲಾ ಹಂತದ ಮಕ್ಕಳಲ್ಲಿ ಸಂಚಾರಿ ನಿಯಮ, ಸ್ವಚ್ಛತೆ, ಪ್ರಥಮ ಚಿಕಿತ್ಸೆ, ವಿಪತ್ತು ನಿರ್ವಹಣೆ, ಮೂಲಭೂತ ಕೌಶಲ್ಯಗಳ ಬಗ್ಗೆ ತರಬೇತಿ ತಿಬಿರಗಳ ಮೂಲಕ ಪಡೆಯಲು ಅವಕಾಶವನ್ನು ಕಲ್ಪಿಸಿದಂತಾಗುತ್ತದೆ.

ಇದಕ್ಕಾಗಿ ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ, ಅನುದಾನಿತ ಮತ್ತು ಅನುದಾನರಹಿತ ಪ್ರೌಢಶಾಲೆಗಳಲ್ಲಿ ಶಾಲಾ ಸದಸ್ಯತ್ವದ ಶುಲ್ಕ ರೂ.100/-ಗಳನ್ನು (ಒಂದು ನೂರು ರೂಪಾಯಿಗಳು ಮಾತ್ರ) ಪಾವತಿಸಿ ನೋಂದಾಯಿಸಿಕೊಳ್ಳುವುದು, ಹಾಗೂ 8 ರಿಂದ 10ನೇ ತರಗತಿ ವಿದ್ಯಾರ್ಥಿಗಳು ಸದಸ್ಯತ್ವ ಶುಲ್ಕವಾಗಿ ರೂ.10/-ಗಳನ್ನು ಅದರಲ್ಲಿ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಚಟುವಟಿಕೆಗಳಿಗೆ ರೂ.6/- ಅನ್ನು ಶಾಲಾ ಹಂತದಲ್ಲಿ ಉಪಯೋಗಿಸಿಕೊಂಡು, ಉಳಿದ ರೂ.4/- ಅನ್ನು ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರಾಜ್ಯ, ಬೆಂಗಳೂರು ಇಲ್ಲಿನ ಶಾಖೆಗೆ ಕಳುಹಿಸಿಕೊಡುವುದು. ಈ ಕುರಿತು ಶಾಲಾ ಮುಖ್ಯ ಶಿಕ್ಷಕರಿಗೆ ಕ್ಷೇತ್ರ ಶಿಕ್ಷಣಾಧಿಕಾರಿಗಳ ಮೂಲಕ ನಿರ್ದೇಶನ ನೀಡಬೇಕೆಂದು ಜಿಲ್ಲಾ ಉಪನಿರ್ದೇಶಕರುಗಳಿಗೆ ಸೂಚಿಸಿದೆ.

[ಮಾನ್ಯ ಆಯುಕ್ತರ ಆದೇಶದ ಮೇರೆಗೆ]

ನಿರ್ದೇಶಕರು (ಪ್ರೌಢಶಿಕ್ಷಣ)  
ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ, ಬೆಂಗಳೂರು

ಇವರಿಗೆ,

1. ರಾಜ್ಯದ ಎಲ್ಲಾ ಉಪನಿರ್ದೇಶಕರು(ಆಡಳಿತ), ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ ಇವರಿಗೆ ಮುಂದಿನ ಸೂಕ್ತ ಕ್ರಮಕ್ಕಾಗಿ
2. ರಾಜ್ಯದ ಎಲ್ಲಾ ಕ್ಷೇತ್ರ ಶಿಕ್ಷಣಾಧಿಕಾರಿಗಳು, ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ ಇವರಿಗೆ [ಉಪನಿರ್ದೇಶಕರು(ಆಡಳಿತ) ರವರ ಮುಖಾಂತರ]
3. ಕಛೇರಿ ಪ್ರತಿ



ಸಂಖ್ಯೆ E-14919 DSERT/EVG/OTH/18/2023

ದಿನಾಂಕ: 15-11-2023

### ಸುತ್ತೋಲೆ

ವಿಷಯ: ಪ್ರೌಢ ಶಾಲೆಗಳಲ್ಲಿ (8, 9 ಮತ್ತು 10 ನೇ ತರಗತಿ) ಸಂಭ್ರಮ ಕನಿವಾರ ಬ್ಯಾಗ್ ರಹಿತ ದಿನದಂದು ಜೂನಿಯರ್ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕದಡಿಯಲ್ಲಿ ರೆಡ್ ಕ್ರಾಸ್ ಜಾಗೃತಿ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ಆಯೋಜಿಸುವ ಕುರಿತು.

- ಉಲ್ಲೇಖ: 01 ಸರ್ಕಾರದ ಆದೇಶ ಸಂಖ್ಯೆ ಇಡಿ 192 ಎಸ್ಎಲ್ ಬಿ 2017, ಬೆಂಗಳೂರು, ದಿನಾಂಕ: 03-03-2020  
02 ನಿರ್ದೇಶಕರು ಪ್ರೌಢ ಶಿಕ್ಷಣ, ಕಾಲಾ ಶಿಕ್ಷಣ ಇಲಾಖೆ ರವರ ಸುತ್ತೋಲೆ ಪತ್ರ ಸಂಖ್ಯೆ 24(6) ಪ್ರೌ.ಶಿ.ರ. ಕ್ರಾ.ಸ. ಅನು/6/2021-22 ದಿನಾಂಕ: 28-12-2021  
03 ನಿರ್ದೇಶಕರು ಪ್ರೌಢ ಶಿಕ್ಷಣ, ಕಾಲಾ ಶಿಕ್ಷಣ ಇಲಾಖೆ ರವರ ಪತ್ರ ಸಂಖ್ಯೆ 24(8) ಪ್ರೌ.ಶಿ.ರ. ಕ್ರಾ.ಸ. ಅನು/22/2023-24 E-1083514 ದಿನಾಂಕ: 13-05-2023  
04 ಈ ಕಛೇರಿ ಸುತ್ತೋಲೆ ಸಂಖ್ಯೆ E- 8146 DSERT/EVG/ ಸಂಭ್ರಮ ಕನಿವಾರ 2022-23 ದಿನಾಂಕ: 28-10-2022  
05 ಈ ಕಛೇರಿ ಜ್ಞಾಪನಾ ಪತ್ರ ಸಂಖ್ಯೆ DSERT/EVG/ ಸಂಭ್ರಮ ಕನಿವಾರ / 2022-23 E- 8146 ದಿನಾಂಕ: 03-07-2023

\*\*\*\*\*

ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ, ಉಲ್ಲೇಖ 1 ರ ಆದೇಶಾನುಸಾರ ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ ಅನುದಾನಿತ ಮತ್ತು ಅನುದಾನರಹಿತ ಪ್ರೌಢಶಾಲೆಗಳಲ್ಲಿ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕವನ್ನು ಪ್ರಾರಂಭಿಸುವಂತೆ ಉಲ್ಲೇಖ-2 ರಲ್ಲಿ ಸುತ್ತೋಲೆ ಹೊರಡಿಸಲಾಗಿದೆ.

ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ ಅನುದಾನಿತ ಮತ್ತು ಅನುದಾನರಹಿತ ಪ್ರೌಢ ಶಾಲೆಗಳಲ್ಲಿ ಕಾಲಾ ಸಂಸ್ಥೆ ಕುಲವಾಗಿ ರೂ.100/- ನ್ನು ಪಾವತಿಸಿ ನೋಂದಾಯಿಸಿಕೊಳ್ಳುವುದು. ಹಾಗೂ 8 ರಿಂದ 10ನೇ ತರಗತಿ ಪ್ರೌಢಶಾಲಾ ವಿದ್ಯಾರ್ಥಿಗಳಿಂದ ರೂ.10/- ನ್ನು ಸಂಸ್ಥೆ ಕುಲವಾಗಿ ಪಡೆದು ಅದರಲ್ಲಿ ರೂ.4/- ನ್ನು ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆಗೆ ನೀಡಿ ಉಳಿದ ರೂ.6/- ನ್ನು ಶಾಲೆಯ ಕಿರಿಯ ರೆಡ್ ಕ್ರಾಸ್ ಚಟುವಟಿಕೆಗಳಿಗಾಗಿ ಶಾಲೆಯಲ್ಲಿಯೇ ಉಳಿಸಿಕೊಳ್ಳಲಾಗುತ್ತದೆ.

ಪ್ರೌಢ ಶಾಲೆಯಲ್ಲಿ ಉಳಿಸಿಕೊಳ್ಳಲಾಗುವ ರೂ.6/- ರಲ್ಲಿ ಪ್ರತಿ ತಿಂಗಳು ಮೂರನೇ ಕನಿವಾರದಂದು ರಾಜ್ಯದ ಎಲ್ಲಾ ಸರ್ಕಾರಿ ಅನುದಾನಿತ ಮತ್ತು ಅನುದಾನರಹಿತ ಪ್ರೌಢ ಶಾಲೆಗಳು ಜೂನಿಯರ್ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕದಡಿಯಲ್ಲಿ ಕೆಳಕಂಡ ಜಾಗೃತಿ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ಆಯೋಜಿಸುವುದು.

1. ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆಯ ಇತಿಹಾಸ, ತತ್ವಗಳು & ಕಾರ್ಯಚಟುವಟಿಕೆಗಳ ಬಗ್ಗೆ ಚರ್ಚಾ ಸ್ಪರ್ಧೆ, ರಚನಾತ್ಮಕ ಕಾರ್ಯಕ್ರಮಗಳ ಆಯೋಜನೆ ಮಾಡುವುದು.
2. ಆರೋಗ್ಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಚಟುವಟಿಕೆಗಳು
3. ಪ್ರಥಮ ಚಿಕಿತ್ಸೆಗೆ ಸಂಬಂಧಿಸಿದ ಚಟುವಟಿಕೆಗಳು
4. ವಿವಿಧ ನಿರ್ವಹಣೆಗೆ ಸಂಬಂಧಿಸಿದ ಚಟುವಟಿಕೆಗಳು
5. ಸೇವೆಗೆ ಸಂಬಂಧಿಸಿದ ಚಟುವಟಿಕೆಗಳು
6. ಪರಿಶರ ಸಂರಕ್ಷಣೆಗೆ ಸಂಬಂಧಿಸಿದ ಚಟುವಟಿಕೆಗಳು
7. ನಾಗರಿಕ ಮತ್ತು ಮಾನವೀಯ ಮೌಲ್ಯಗಳಿಗೆ ಸಂಬಂಧಿಸಿದ ಚಟುವಟಿಕೆಗಳು
8. ಕಾಲಾ ಮತ್ತು ರಕ್ತ ಸಂರಕ್ಷಣೆಗೆ ಸಂಬಂಧಿಸಿದ ಚಟುವಟಿಕೆಗಳು
9. ಸಾಂಕ್ರಮಿಕ ರೋಗಗಳ ಕುರಿತು ಜಾಗೃತಿ ಕಾರ್ಯಕ್ರಮಗಳು
10. ಹದಿಹರಿಯುವವರು ಎದುರಿಸುವ ಸಮಸ್ಯೆಗಳು
11. ಮಾದಕ ವಸ್ತುಗಳ ಬಳಕೆಯ ದುಷ್ಪರಿಣಾಮಗಳ ಬಗ್ಗೆ ಜಾಗೃತಿ
12. ಮೊಬೈಲ್ ಬಳಕೆಯ ಅನುಕೂಲಗಳು ಮತ್ತು ಅನಾನುಕೂಲಗಳು.

ಮೂರನೇ ಕನಿವಾರದಂದು ಪ್ರೌಢ ಶಾಲೆಗಳಲ್ಲಿ ಆಯೋಜಿಸಬಹುದಾದ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆಯ ಕಾರ್ಯಕ್ರಮಗಳ ವಿವರ, ಸಾಹಿತ್ಯ ಮತ್ತು ಸಂಚರ್ಚಿಸಬಹುದಾದ ಜಿಲ್ಲಾವಾರು ಶಾಖೆಗಳ ವಿವರವನ್ನು ಈ ಪತ್ರದೊಂದಿಗೆ ಅನುಬಂಧಿಸಿದ್ದು, ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕದ ಜಾಗೃತಿ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ಸಂಭ್ರಮ ಕನಿವಾರ ಬ್ಯಾಗ್ ರಹಿತ ದಿನದ ಚಟುವಟಿಕೆಗಳೊಂದಿಗೆ ಸಮನ್ವಯಗೊಳಿಸಿ ನಡೆಸುವುದು.

ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆಯ ಯೋಜನೆ/ಕಾರ್ಯಚಟುವಟಿಕೆಗಳು ವಿದ್ಯಾರ್ಥಿಗಳ ಕೆಲೆಗೆ ಪ್ರಾರಂಭವಾಗಿದ್ದು, ಸಂಸ್ಥೆಯ ಯೋಜನೆ/ಕಾರ್ಯಕ್ರಮಗಳ ಬಗ್ಗೆ ಮಕ್ಕಳಿಗೆ ಸಂಸ್ಥೆಯವರು ರೂಪಿಸಿರುವ ಚಟುವಟಿಕೆಗಳ ಮೂಲಕ ಅರಿವು ಮೂಡಿಸುವುದು. ಪರಿ ಚಟುವಟಿಕೆಗಳನ್ನು ಯಶಸ್ವಿಯಾಗಿ ನಿರ್ವಹಿಸಲು ಜಿಲ್ಲಾವಾರು ಶಾಖೆಗಳ ಸ್ಥಾಪನೆಯನ್ನು ಸಂಚರ್ಚಿಸುವುದು ಹಾಗೂ ಸಂಸ್ಥೆಯ ಕಾರ್ಯದರ್ಶಿಗಳು, Indian Red Cross Society ರವರನ್ನು ದೂರವಾಣಿ ಸಂಖ್ಯೆ 080-22264205, ಮತ್ತು ಇ-ಮೇಲ್ ವಿಳಾಸ [ircskar@gmail.com](mailto:ircskar@gmail.com), [ircskarnataka@yahoo.in](mailto:ircskarnataka@yahoo.in) ರಲ್ಲಿ ಹೆಚ್ಚಿನ ಮಾಹಿತಿಗಾಗಿ ಸಂಪರ್ಕಿಸುವುದು.

ನಿರ್ದೇಶಕರು,  
ಡಿ.ಎಸ್.ಇ.ಆರ್.ಟಿ

**Indian Red Cross Society  
KARNATAKA STATE BRANCH**

APPLICATION FORM FOR REGISTRATION OF SCHOOLS AND ENROLLMENT OF STUDENT FOR  
THE JUNIOR RED CROSS WING

**HIGH SCHOOL**

Sl. NO.	PARTICULARS	DETAILS			
1	SCHOOL DISE CODE*				
2	SCHOOL NAME*				
3	DISTRICT*		TALUKA*		
4	PIN CODE*				
5	SCHOOL ADDRESS*				
6	HEAD MASTER MOBILE NUMBER AND EMAIL ID*	MOBILE NUMBER*		EMAIL ID (Block Letters)*	
7	JRC-COUNSELLOR NAME				
8	JRC-COUNSELLOR DETAILS*	MOBILE NUMBER*		EMAIL ID (Block Letters)*	
9	STUDENTS MEMBERSHIP FEE DETAILS*	8th std	9th std	10th std	TOTAL:-
					NUMBER OF STUDENTS PAID
10	SCHOOL REGISTRATION ANNUAL FEE*	Rs.100/-		Being 40% of the student membership fee (Rs.4/- per Student) Rs.4/- X .....	
11	PAYMENT THROUGH - DD/CHEQUE/NEFT	DD/CHEQUE/ NEFT NUMBER*:- _____ DATE:- _____ BANK NAME:- _____			
12	TOTAL AMOUNT in wards*	Rs. _____			

(The Head Master)

Please Note: All cheques and DD's should be drawn in favor of, Indian Red Cross Society- Junior Red Cross, Karnataka State Branch and Payable at Bangalore.

**NEFT / RTGS**

(Bank Name—Canara Bank), (Branch-KSFC Complex, Bangalore), (IFSC—CNRB0002827)  
(A/C-2827101015783), (A/c holder Name: INDIAN RED CROSS SOCIETY-JUNIOR RED CROSS)  
Email:- jrckar@gmail.com, Ph: 080-22264205.



**Indian Red Cross Society  
KARNATAKA STATE BRANCH**

APPLICATION FORM FOR REGISTRATION OF SCHOOLS AND ENROLLMENT OF STUDENT FOR  
THE JUNIOR RED CROSS WING

**PRE UNIVERSITY COLLEGE**

Sl. NO.	PARTICULARS	DETAILS			
1	COLLEGE CODE*				
2	COLLEGE NAME*				
3	DISTRICT*		TALUKA*		
4	PIN CODE*				
5	COLLEGE ADDRESS*				
6	HEAD MASTER MOBILE NUMBER AND EMAIL ID*	MOBILE NUMBER*		EMAIL ID (Block Letters)*	
7	JRC-COUNSELLOR NAME				
8	JRC-COUNSELOR DETAILS*	MOBILE NUMBER*		EMAIL ID (Block Letters)*	
9	STUDENTS MEMBERSHIP FEE DETAILS*	1st PU*	2nd PU*	TOTAL:-	
				NUMBER OF STUDENTS PAID	
10	COLLEGE REGISTRATION ANNUAL FEE*	Rs.100/-		Being 40% of the student membership fee (Rs.10/- per Student) Rs.10/- X .....	
11	PAYMENT THROUGH - DD/CHEQUE/NEFT	DD/CHEQUE/ NEFT NUMBER*:- _____ DATE:- _____ BANK NAME:- _____			
12	TOTAL AMOUNT in wards*	Rs. _____			

(PRINCIPAL)

Please Note: All cheques and DD's should be drawn in favor of, IRCS-JRC- PU COLLEGE,  
Payable at Karnataka State Branch Bangalore.

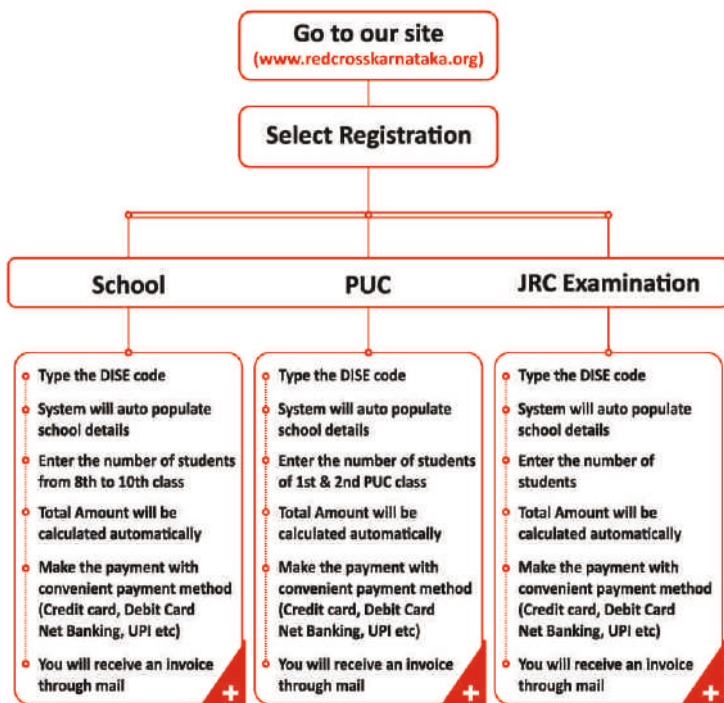
NEFT / RTGS

(Bank Name—Canara Bank), (Branch-KSFC Complex, Bangalore), (IFSC—CNRB0002827)  
(A/C-2827101015783), (A/c holder Name: INDIAN RED CROSS SOCIETY-JUNIOR RED CROSS)  
Email:- jrckar@gmail.com, Ph: 080-22264205.



## JUNIOR RED CROSS PAYMENT INFORMATION

From the Academic year 2023-24 you may log in at [www.redcrosskarnataka.org](http://www.redcrosskarnataka.org) for registering your schools/PU Colleges and payment of your student registration fee, by following the steps as below.



## RED CROSS DISTRICT BRANCHES - SECRETARIES

**SRI. VIRANNA .S. ATHANI,**  
Secretary,  
Indian Red Cross Society,  
Bagalkote District Branch  
Bilagi Cross, Near Darga, Khazi  
Complex, Opposite Lingapur RC,  
BILAGI – 587 116  
**M: 6362900901**

**Prof. S. N. Mulimani,**  
Secretary,  
Indian Red Cross Society,  
Belagavi District Branch,  
Civil Hospital Compound,  
Next to OPD Block,  
Belagavi-590 001  
**Ph: 9448907581**

**Sri.M.A. Shakeeb,**  
District Secretary,  
Indian Red Cross Society,  
Bellary District Branch,  
C/O Office of the District  
Commandant, Karnataka Home Guards,  
Stadium Road, Near RangaMandir,  
BALLARI – 583 101  
**(M) 9483641234/9845145046**  
Email:ircsbay@gmail.com

**Dr. Parameshwara**  
Secretary,  
Indian Red Cross Society,  
Bangalore Rural District Branch  
THO Office, Old Hospital Compound,  
Doddaballapura – 561 203  
**M : 9900266748**

**Sri M.S. Rajesh**  
Secretary,  
Indian Red Cross Society,  
Bengaluru Urban District Branch  
1st Floor, KandhayaBhavan,  
K.G. Road, Bengaluru – 560 009  
**M: 9845198341**  
Email : cdmvm14@gmail.com

The secretary  
Indian Red Cross Society  
Mailoor Road Smt. Laxmibai Kamthane  
B.Ed College Building  
Vidya Nagar  
Bidar-585403  
**Mob No:8550001972**

**Sri B. N. Ravikumar**  
District Secretary  
Indian Red Cross Society,  
Chikkaballapura District Branch  
Old District Hospital Premises  
CHIKKABALLAPURA– 562 101  
**M : 8494984545**

**Dr.Mahesh M.**  
Secretary  
Indian Red Cross Society,  
Chamarajanagara District Branch,  
District Hospital,  
CHAMARAJANAGAR-571 313  
**Ph.No.:08226-222067/9449178896**  
e.mail Id: ircschamarajanagar@gmail.com

**Sri Rasool Khan**  
Secretary  
Indian Red Cross Society  
Chikkamagalur District Branch  
Deputy Commissioners Office Premises,  
Hosamane Extension  
CHIKMAGALUR -577 101  
**M : 9449497993**  
Email : ircsckm21@gmail.com

**Sri. Mazaharulla. N**  
Secretary  
Indian Red Cross Society  
Chitradurga District Branch  
C/o 1st Floor, JCR Extension  
7th cross, Behind Neelkamal Showroom,  
CHITRADURGA -577501  
**M: 7899187128**

**Sri Kishorechandra Hegde,**  
Secretary,  
Indian Red Cross Society,  
D.K.District Branch  
Red Cross Bhavan, Behind D.C.Office  
Compound, MANGALORE-575 001  
D.K.District  
**M: 9902335288**  
Email:ircsdkd@gmail.com

**Sri. Dhananjayamurthy,**  
Indian Red Cross Society,  
Davangere District Branch, &  
District Surveillance Officer, Davangere.  
Sri ShamanurShivashankarappa Red Cross  
Bhavana, #302, "A" Block, DevarajUrs  
Layout,  
DAVANAGERE -577 006  
**M: 98800 52280**

**Dr. UmeshR. Hallikeri**  
Secretary, Indian Red Cross Society,  
Dharwad District Branch,  
Red Cross Building, Near HPO,  
Station Road, DHARWAD – 580 008  
**Ph: 0836-2444464**  
**M: 7019823205**

**Dr. MohdAsharaf D. Samudri**  
Secretary,  
Indian Red Cross Society,  
Gadag District Branch  
C/o. DGM Ayurvedic Medical College  
Kalasapur Road, GADAG-582 101  
**M : 9964187315 / 8073041618**

**Sri.ShabbirAhamed**  
Secretary  
Indian Red Cross Society  
Hassan District Branch  
"Red Cross Bhavan".  
Near Nehru Yuva Kendra,  
Salagame Road, HASSAN – 573 202  
**(M) 9449460806/9141516430**  
e.mail: ircshassan@gmail.com

**Dr. Neelesh M.N**  
Hon. Secretary,  
Indian Red Cross Society,  
Haveri District Branch  
DISTRICT HOSPITAL COMPOUND  
HAVERI – 581 110  
**M : 9449843230 / 9964853903**

**Sri. Raveendra Shabadi**  
Secretary,  
Indian Red Cross Society,  
Kalaburgi District Branch  
Room No.2A, Ground Floor,  
Mini Vidhanasoudha,  
D.C. Office Compound Premises,  
Main Road, KALABURGI -585 102  
**Ph.: 08472-255317/(M)9448204560**

**Sri. M. Dhananjaya**  
Secretary, IRCS, Kodagu Dist. Branch  
Bhagawan Glass-Plywoods-Hardware,  
North Coorg Shopping Complex,  
Main Road, Madikeri - 571 201  
Kodagu  
**M: 9844461777 / 9341779929**  
E-mail: dhananjeyasham@gmail.com

**Sri. S. Nandish Kumar**  
Secretary, IRCS, Kolar Dist. Branch  
S/o. D.C. Shreekantaiah  
1st Main Road, 1st Cross,  
Sultanthippasandra,  
KOLAR – 563 101.  
**M.: 9448714809 / 8088075591**

**Dr. SrinivasHyati**  
Secretary  
Indian Red Cross Society  
Koppal District Branch  
1stFloor, New District Hospital Premises,  
Hosapete Road,  
KOPPAL – 583231  
**Mobile: 9008996646/08539-225088**  
Email:ircskpl@gmail.com

**Dr. K. M. Shivakumar**  
Medical Superintendent VIMS  
& Secretary  
Indian Red Cross Society,  
Mandya District Branch, P.E.S.  
Engineering College Road, Near Zilla  
Panchayath, MANDYA - 571401  
**Ph.:08232-228730/400377**  
**M: 9448345267**  
Email:ircsmdy@yahoo.com

**Sri. Manoj Kumar. S.H, KCS,**  
Assistant Registrar for  
Co-Operative Societies,  
And Member Secretary,  
Indian Red Cross Society,  
Mysore District Branch  
**Mob No: 99163 16390**  
MYSURU

**Sri. Ataulla,** Advocate  
Secretary,  
Indian Red Cross Society,  
Raichur District Branch,  
IRCS Blood Centre, First Floor,  
VeerashaivaKalyanaMantapa  
RAICHUR – 584 101  
**(M) 8050227039**  
Email: ataulla99@gmail.com  
Ataulla123@gmail.com

**Sri.K.S. Shankaraiah**  
Secretary,  
Indian Red Cross Society,  
Ramanagara District Branch,  
S/o. ArchakSiddappa  
No:41, Dolars Colony, Ward No:28,  
MalleshwaraBadavane,  
RAMANAGARA TOWN – 562 159  
**M : 9845029567**

**Dr. Dinesh. S**  
Secretary  
Indian Red Cross Society,  
Shivamogga District Branch  
Indian Red Cross Society Building  
RTO Office Road, Opp: to Press Trust  
Building, D.C. Office Compound  
SHIVAMOGGA – 577 204  
**M: 9964194698 /9845353930**  
Email:redcrossshimoga@gmail.com

**Dr.G.K.Sanath Kumar, MBBS, Smp**  
The Secretary  
Indian Red Cross Society,  
Tumkur District Branch,  
Red Cross Bhavan, Ashoka Road,  
TUMKUR – 572 101,  
**PH: 0816-2277988**

**Dr. GananathShettyYekkar**  
Hon. Secretary,  
Indian Red Cross Society,  
Udupi District Branch,  
D.No.4-3-19G, Red Cross Bhavan,  
Red Cross Road,Ajjarkad,  
UDUPI District – 576 101  
**Ph: 0820-2532222/9964583433**  
Email:ircsudupi@gamil.com

**Sri.JagadeeshaS. Birakodikara**  
Secretary,  
Indian Red Cross Society,  
Karwar District Branch,  
DHO Building Premises  
Karwarar – 581301  
Uttara Kannada District  
**Mob.: 9845223743**  
E-mail : birkodi@gmail.com

**Sri. S. G. Muranal,**  
Secretary,  
Indian Red Cross Society,  
Bijapur District  
Plot No:82, Sollapura Road, K.C.Nagar,  
Near DCC Bank, Vijayapura  
**(M) 9480534153**

**Smt. K.M. RekhaPrakash**

Secretary,  
Indian Red Cross Society,  
Vijayanagar District Branch  
No:145, 6th Cross, 31st Ward,  
N.C. Colony, Hospet – 583 201  
Vijayanagar District  
**M: 8147491649**  
Email: kmrekhaht@gmail.com

**Sri. Mallannagouda Halimani**

Secretary,  
Indian Red Cross Society  
Yadagiri District Branch,  
Office of the Deputy Commissioner  
Main Road, YADGIRI – 585 202  
**Ph.No. 9886521808**

For Organizing First Aid Training at your  
institution, you may Contact the following address:

**INDIAN RED CROSS SOCIETY**

**KARNATAKA STATE BRANCH**

# 26, Red Cross Bhavan, 1<sup>st</sup> Floor,  
Race Course Road, Bengaluru – 560 001  
Ph: 22264205 Blood Bank : 22268435  
E-mail : [ircskar@gmail.com](mailto:ircskar@gmail.com) / [ircskarnataka@yahoo.in](mailto:ircskarnataka@yahoo.in)  
Website : [www.redcrosskarnataka.org](http://www.redcrosskarnataka.org).





## RED CROSS PRINCIPLES

- + Humanity
- + Impartiality
- + Neutrality
- + Independence
- + Voluntary Service
- + Unity
- + Universality

