



Indian Red Cross Society

Karnataka State Branch Fortnightly Communique

Date: 01.11.2020 to 15.11.2020

Edition No.04

Chairman's Message



Sri. S. Naganna
IRCS, KSB

Indian Red Cross Society, Karnataka State Branch wishes **HAPPY AND HEALTHY DEEPAVALI** to all its members, staff, frontline Corona Warriors and volunteers, who are striving to reach the last person in the community.

I am feeling very proud and glad that many Indian Red Cross Society District and Taluka Branches celebrated this year Deepavali festival by providing timely assistance to the families affected by Covid-19 Pandemic and North-Karnataka floods-2020. We at Indian Red Cross Society, Karnataka State Branch stresses upon the importance of psychosocial care during Covid-19 Pandemic to the infected and affected people as on how to stay strong and positive during the difficult situation to quote an example SERV volunteers of Indian Red Cross Society-Ballari District Branch done an exemplary work by visiting the hospitals and providing psychosocial care to Covid-19 patients.

As we are in the relief phase, post Disaster assessment should be compulsorily conducted to analyze the extremity of the situation, so that we can mobilize the funds and resources to re-stabilize the losses occurred due to disasters.

The entire world is battling with Climate change, it is the need of hour to develop Social Emergency Response Volunteers in more numbers to analyze the situations, to build resilience among the communities with this intention Indian Red Cross Society-Karnataka State Branch is committed in developing more number of volunteers under SERV in the districts of Karnataka.

Let's join together with IRCS, KSB in this fight to build back communities and families at this moment and to make them much more stronger, resilient, peaceful World for the generations to come.

Coronavirus disease (COVID-19): Masks

Why should people wear masks?

Masks are a key measure to suppress transmission and save lives. Masks reduce potential exposure risk from an infected person whether they have symptoms or not. People wearing masks are protected from getting infected. Masks also prevent onward transmission when worn by a person who is infected.

Masks should be used as part of a comprehensive 'Do it all!' approach including: physical distancing, avoiding crowded, closed and close-contact settings, improving ventilation, cleaning hands, covering sneezes and coughs, and more.

Medical masks are recommended for the following groups:

- All health workers in clinical settings. See our guidance for more information on the use of personal protective equipment by health care workers.
- Anyone who is feeling unwell, including people with mild symptoms, such as muscle aches, slight cough, sore throat or fatigue.
- People caring for suspected or confirmed cases of COVID-19 outside of health facilities.

When they cannot guarantee a distance of at least 1 metre from others, medical masks are also recommended for the following groups, as they are at a higher risk of becoming seriously ill with COVID-19 and dying:

- People aged 60 or over.
- People of any age with underlying health conditions, including: chronic respiratory disease, cardiovascular disease, cancer, obesity, immunocompromised patients and diabetes mellitus.

Non-medical, fabric masks are advised for use by the general public when physical distancing cannot be maintained, as part of a comprehensive 'Do it all!' approach, including improving ventilation; cleaning hands; covering sneezes and coughs, and more.

Source: WHO

Stock Availability.

IRCS, KSB, Blood Center.

Update from 1st November to 15th November 2020.

Units Collected : 654
Units issued : 597

Units available as on 21.11.2020

47 units of PRBC
397 units of FFP
6 units of PC
0 units of CRYO



IRCS-Kundapura Taluka Branch: Sri. Jayakar Shetty Chairman, IRCS Kundapura Taluka Branch was honoured by the Udupi District Administration for organising more number of voluntary blood donation camps in the district. District Commissioner of Udupi and Chief Executive Officer of Udupi were present during the program.



ರಾಯಚೂರು ಜಿಲ್ಲಾ ಶಾಖೆ: ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ರಾಯಚೂರು ಜಿಲ್ಲಾ ಶಾಖೆಯ ಸೇವಾ ಕಾರ್ಯತತ್ಪರತೆಯನ್ನು ಗುರುತಿಸಿ ರಾಯಚೂರು ಜಿಲ್ಲಾಡಳಿತವು 65 ನೇ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ ಸವಿ ಸಂದರ್ಭದಲ್ಲಿ ರಾಯಚೂರು ರೆಡ್ ಕ್ರಾಸ್ ಶಾಖೆಯ ಶ್ರೀ ವಿಜಯ ಕುಮಾರ್ ಪಾಟೀಲ್ ಅವರನ್ನು ಅಭಿನಂದಿಸಿ ಸ್ವಯಂಸೇವಕರ ಸೇವೆಯನ್ನು ಪ್ರಶಂಸಿಸಿದರು.



IRCS-Vijayapura District Branch: Members of the IRCS Vijayapura District Branch visited the Belagumba Speech and Hearing Residential School, run by the IRCS Tumkur District Branch, and the members observed the best practises adopted by the IRCS Tumkur District Branch for the welfare of children with special abilities.



KARNATAKA RED CROSS WEEKLY BLOOD DONATION CAMP SCHEDULE



22-11-2020

At Panchayathi Office, Huralichikhanahalli,
Chikkabanavara post, Bangalore,
from 08:30 am to 03:00 pm

22-11-2020

At Tavarekere Main Road, Drain Bus Stop,
BTM 1st Stage, Near Balaji Theater, Bangalore,
from 09:00 am to 03:00 pm

23-11-2020 (Blood Mobile Bus)

AT Magadi Road, Vijayanagara, Bangalore,
from 10:30 am to 4:00 pm

24-11-2020 (Blood Mobile Bus)

AT Hegganahalli Bus Stop, Bangalore,
from 10:30 am to 4:00 pm

25-11-2020 (Blood Mobile Bus)

AT Bopasandra Bus Stop, Bangalore,
from 10:30 am to 4:00 pm

A LITTLE GOES A LONG WAY

Visit our blood bank located at the #26, Red Cross Bhawan, 1st Floor,
Race Course Road, Bengaluru-560001 from 10 AM to 5 PM.
Our doctors offer a free checkup when you donate!

www.redcrosskarnataka.org

KARNATAKA RED CROSS, BENGALURU

WANTED: VOLUNTEERS AND BLOOD DONORS

WHY YOU SHOULD CONSIDER BEING A BLOOD DONOR

BLOOD TRANSFUSION IS NEEDED FOR



women with
complications
of pregnancy



children with
severe anemia as a
result of malnutrition



people with severe
trauma following
disasters



complex medical
procedures and
cancer patients



Every two seconds, someone in the India needs blood,
which means more than 38,000 blood donations are
needed per day.

DONATE BLOOD, SAVE LIVES

For more details and to organize Blood Donation
Camps at your place, please contact us
on 080-22248455



Blood donation is an
opportunity to contribute to
someone else's good health.

BLOOD DONATION IS A SIMPLE FOUR STEP PROCESS



Registration, where
you sign up and get
over eligibility.



Mini-physical, where your health is
evaluated.



The donation, which
only takes about
eight to ten minutes.



Refreshments, where
you get a snack and
drink afterwards.



Safe blood saves lives and improves
health. It is the most precious gift that
anyone can give to another person:
the gift of life.

SIGN UP TO BE A BLOOD DONOR TODAY AT KARNATAKA RED CROSS!



Relief Operations during North Karnataka Flood-2020 & COVID-19



IRCS-Ballari District Branch: Social Emergency Response Volunteers of Ballari District branch are doing commendable job in serving the people, who are infected and affected by Covid-19 pandemic. They are conducting Psychosocial care and Basic First Aid camps.

Basic First Aid camps as on how to do the bandaging and how to handle the small injuries.

WASH (Water, Sanitation and Hygiene) camps were conducted to sensitize communities on hand washing and basic hygiene.



IRCS-Raichur District: Mask & Soaps were distributed among the diploma cooperative Management students at Tagore B.Ed College Hall, Raichur on 15 November 2020.



IRCS-Chittapur Taluka Branch: Indian Red Cross Society, Kalburgi District branch had provided and assisted Chittapur Taluk branch by providing the relief materials, Kitchen sets, Tarpaulin sheets and Mosquito Nets were distributed to the Chittapur flood affected families and visibility Red jackets were given to the volunteers and members who are involved in the relief operations.



IRCS-Belgaum District Branch: Indian Red Cross Society-Belgaum District Branch in collaboration with Rani Channamma University has provided Soaps and Facemasks to the Rani Channamma university staff, security guards and helpers for the protection of their safety and hygiene.



Indian Red Cross Society-Belgaum District Branch in collaboration with Department of information and Public relation organized National Cancer Awareness Day and felicitated Corona Warriors, who served at the front line and worked 24/7 during Covid-19 National lockdown to assist the local administration in the relief operations in the District.

IRCS Belgaum District Branch volunteer, Distributed soaps and masks to Gharkul old age home inmates and oriented them on importance of personal hygiene especially during this Covid-19 Pandemic.



ಚಿತ್ರದುರ್ಗ ರೆಡ್ ಕ್ರಾಸ್ : ಭರಮಸಾಗರದ ಸಹಾರಿ ಕೈಗಾರಿಕಾ ತರಬೇತಿ ಕೇಂದ್ರದ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಹಾಗೂ ತರಬೇತಿದಾರರಿಗೆ ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ ಚಿತ್ರದುರ್ಗ ಜಿಲ್ಲಾ ಶಾಖೆಯ ವತಿಯಿಂದ ಕೊರೋನಾ ವೈರಸ್ ಬಗ್ಗೆ ಜಾಗೃತಿ ಹಾಗೂ ಉಚಿತ ಮಾಸ್ಕ್ ಗಳನ್ನು ವಿತರಿಸಲಾಯಿತು.

@ircskarnataka





IRCS-Shimoga District Branch: Training Police officers of the Rank inspectors on Life Saving Skills and First Aid during Emergencies. Police personnel are the First Responders in any Emergencies or mass casualty, training them and sensitizing them on Emergency Response will help in saving lives. This training program held on 6th and 7th of November 2020. Dr. Kumar VLS Vice-Chairman of IRCS, KSB participated as trainer and Mr. Devaraja A. SERV volunteer facilitated the training.



STOP COVID-19



IRCS-Mysore District: Mysore District Red Cross in coordination with University of Mysore organised Covid-19 test and distribution of mask to beneficiaries, staff of the St. Philomena College, Mysuru on 13 November 2020, at 9-30 am.



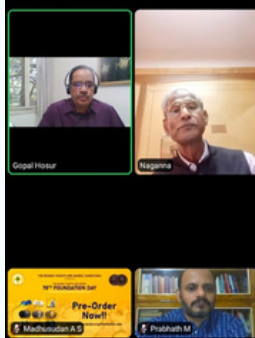
ಹೊಳಲ್ಕೆರೆ ರೆಡ್ ಕ್ರಾಸ್: ದಿನಾಂಕ 08.10.2020 ಮತ್ತು 02.11.2020 ರಂದು ಹೊಳಲ್ಕೆರೆ ತಾಲ್ಲೂಕು ರೆಡ್ ಕ್ರಾಸ್ ಶಾಲೆಯ ಮೂಲಕವಾಗಿ ಹಾವಿನ ಹಟ್ಟಿಯಲ್ಲಿ ಸುಮಾರು 85 ಜನರಿಗೆ ಮತ್ತು ಹೊಳಲ್ಕೆರೆ ಯಲ್ಲಿ 135 ಜನರಿಗೆ, ಪೌರಕಾರ್ಮಿಕರಿಗೆ ಮತ್ತು ಸಾರ್ವಜನಿಕರಿಗೆ ಉಚಿತ ನೇತ್ರ ತಪಾಸಣಾ ಶಿಬಿರವನ್ನು ಆಯೋಜಿಸಲಾಗಿತ್ತು.

ಹಾವಿನ ಹಟ್ಟಿಯಲ್ಲಿ ನಡೆದ ಉಚಿತ ನೇತ್ರ ತಪಾಸಣಾ ಶಿಬಿರದಲ್ಲಿ ಭಾಗವಹಿಸಿದ್ದ 40 ಗ್ರಾಮಸ್ಥರಿಗೆ ಉಚಿತ ಕನ್ನಡಕಗಳನ್ನು ವಿತರಣೆ ಮಾಡಲಾಯಿತು ಹಾಗೂ 8 ಜನರ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯನ್ನು ಮಾಡಿಸಲಾಗಿದೆ.



ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಹೊಳಲ್ಕೆರೆ ಶಾಲೆಯ ದಿನಾಂಕ 14.11.2020 ರಂದು ನಡೆದ ಬೆಂಕಿ ಅಪಘಡದಲ್ಲಿ ನೊಂದ 16 ಕುಟುಂಬಗಳಿಗೆ ದಿನಾಸ ನಾಮಗ್ರಿಗಳ ಕಿಟ್ ಮತ್ತು ಬಟ್ಟೆಗಳನ್ನು ವಿತರಿಸಲಾಯಿತು.

ಭಾರತ ಸೌಟ್ಸ್ ಮತ್ತು ಗ್ರೈಡ್ಸ್ ಕರ್ನಾಟಕ ಶಾಲೆಯ ಸ್ವಯಂ ರಕ್ತದಾನ ಮತ್ತು ಸ್ವಯಂ ರಕ್ತದಾನಿಗಳ ನೊಂದಣಿಗಾಗಿ ಕರ್ನಾಟಕ ರೆಡ್ ಕ್ರಾಸ್ ನೊಂದಿಗೆ ಒಪ್ಪಂದ.



ಭಾರತ ಸೌಟ್ಸ್ ಮತ್ತು ಗ್ರೈಡ್ಸ್ ಕರ್ನಾಟಕ ಶಾಲೆಯ, ಕರ್ನಾಟಕ ರಾಜ್ಯದಲ್ಲಿ ರಕ್ತದಾನಿಗಳನ್ನು ಪ್ರೇರೇಪಿಸುವ ಹಿತದೃಷ್ಟಿಯಿಂದ ತನ್ನ 70 ನೇ ಸಂಸ್ಥಾಪನಾ ದಿನದ ಅಂಗವಾಗಿ ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಲೆಯೊಂದಿಗೆ ಸ್ವಯಂ ರಕ್ತದಾನ ಮತ್ತು ರಕ್ತದಾನಿಗಳ ನೊಂದಣಿಗಾಗಿ MoU ಮಾಡಿಕೊಂಡು ಕರ್ನಾಟಕ ರಾಜ್ಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಭಾಪತಿಗಳಾದ ನಾಗಣ್ಣ ಮತ್ತು ಉಪಾಧ್ಯಕ್ಷರಾದ ಗೋಪಾಲ್ ನಿ. ಹೊಸೂರು ರವರಿಗೆ ಸ್ವಯಂ ರಕ್ತದಾನಿಗಳ ವಿವರಗಳನ್ನು ವರ್ಚುವಲ್ ಮಾದರಿಯಲ್ಲಿ ದಿನಾಂಕ: 7.11.2020 ರಂದು ಹಸ್ತಾಂತರಿಸಲಾಯಿತು.

About Social Emergency Response Volunteer (SERV)

To minimize Disasters, Indian Red Cross Society with the support of its partners ICRC and IFRC embarked on a program to develop a cadre of First Medical Responders (FMR's) at District level in most Disaster prone states of the country.

The concept behind this initiative has been to develop preparedness and resilience at the community level, the program was First piloted in the year 2011 in the state of Uttarakhand later extended to 18 most Disaster prone Districts. To make this program more effective FMR's are renamed as SERV.

In the 2018, SERV was implemented in the Karnataka State.

Objectives of SERV

- Act as First Responders in times of Emergencies
- Sensitize the community to make them more resilient to Disasters to which the community is vulnerable.
- Facilitate linkages between the community and the Government programs.

Principles of SERV

- Provide immediate relief and response to the affected communities before additional support from the Government and other agency arrives.
- Reduce vulnerabilities of the community by training the community on First Aid, Hygiene promotion etc.,
- Conduct Vulnerability and Capacity Assessment of their own communities.
- Support any other identified issues that contribute to the development of the communities.

Practices of SERV

- Community understands their problems and opportunities than anyone else.
- Community is more interested to understand their problems than anyone else.
- Community is the key stakeholder for development of the country, hence it has to participate for their own development.
- Local communities are capable of initiating and sustaining their own community development.

Udupi District

**SERV
PROGRAMME IS
BEEN
IMPLEMENTING
IN THE
SEVEN DISTRICTS
IN
KARNATAKA
STATE.**

Tumkur District

Hassan District

Shimoga District

Bangalore Urban District

Dakshina Kannada District

Ballari District

The above districts were selected on the vulnerability profile and flood assessment in the districts of Karnataka.

In the year 2020, SERV scale up was initiated which aimed to cover 1000 SERV volunteers per district i.e. by selecting 5 districts initially for 03 months.

ಇದು ಪ್ರಾಧಾನ್ಯತೆ ತರಬೇತಿ ತರಗತಿಯಲ್ಲಿ ನಡೆದ ಒಂದು ಪ್ರಸಂಗ :

ಸುಜಾತೆ ತಾಯಿಗಿ ಮೂರು ಮಕ್ಕಳು.

ಮೊದಲ ಮಗು ಆಗಸ್ಟ್ 15 ರಂದೇ ಜನಿಸಿದ್ದರಿಂದ ಅದಕ್ಕೆ ಸ್ವಾತಂತ್ರ್ಯ ಕುಮಾರ್ ಅಂತ ಹೆಸರಿಟ್ಟರು. ಎರಡನೆಯ ಮಗು ಸೆಪ್ಟೆಂಬರ್ ಐದರಂದು ಹುಟ್ಟಿದ್ದರಿಂದ ಅವನನ್ನು ರಾಧಾಕೃಷ್ಣನ್ ಅಂತಲೇ ಕರೆದರು. ಮೂರನೇ ಮಗು ಹುಟ್ಟಿದ್ದು ಅಕ್ಟೋಬರ್ ಎರಡರಂದು. ಸಮಸ್ಯೆ ಕುರುವಾದದ್ದು ಈಗಲೇ ! ಆ ದಿನ ಗಾಂಧೀ ಮತ್ತು ಲಾಲ್ ಬಹಾದ್ದೂರ್ ಇಬ್ಬರ ಜನ್ಮ ದಿನ.

ಹಾಗಾದರೆ ಮಗುವಿಗೆ ಏನು ಹೆಸರು ಇಟ್ಟಿರಬಹುದು ? ನಾನು ಕೇಳಿದೆ. ಕೆಲವು ಸೆಕೆಂಡ್ ಗಳ ಮೌನ ಮುರಿದು ಒಬ್ಬರು ಹೇಳಿದರು "ಗಾಂಧೀ ಲಾಲ್". ಅವರ ಮುಖದಲ್ಲಿ ವಿಜಯೋತ್ಸವದ ಕಳೆಯಿತ್ತು.

ಮತ್ತೊಬ್ಬರು ಘೋಷಿಸಿದರು "ಬಹಾದ್ದೂರ್ ಗಾಂಧೀ" ಇನ್ನೊಬ್ಬರು "ಗಾಂಧೀ ಶಾಸ್ತ್ರಿ" ಅಂತ ತೀರ್ಮಾನಿಸಿಬಿಟ್ಟರು. ಹೆಣ್ಣು ಮಗೂನಾ? ಗಂಡು ಮಗೂನಾ? ಮತ್ತೊಬ್ಬರು ಕ್ಯಾರಿಫಿಕೇಶನ್ ಕೇಳಿದರು. ಒಬ್ಬೊಬ್ಬರದೂ ಒಂದೊಂದು ಉತ್ತರ. ಮೂಲೆಯಲ್ಲಿ ಕುಳಿತವರೊಬ್ಬರು ಅನುಮಾನಿಸುತ್ತ ಹೇಳಿದರು "ಸುಜಾತಾ ನಾ ? ಅಬ್ಬಾ! ತರಗತಿಯಲ್ಲಿ ಒಬ್ಬರಾದರೂ ಹೇಳುವುದನ್ನು ಗಮನವಿಟ್ಟು ಕೇಳುತ್ತಾರೆ ಅಂದು ಕೊಂಡೆ ತರಗತಿಗಳಲ್ಲಿ ಶಿಕ್ಷಕರು ಸಾಮಾನ್ಯವಾಗಿ Listen me ಅನ್ನುತ್ತಾರೆ ಹೊರತು hear me ಅನ್ನುವುದಿಲ್ಲ.

ಕಿವಿಗೆ ಬಿದ್ದದ್ದೆಲ್ಲ ಕಲಿಕೆಯಾಗುವುದಿಲ್ಲ. ಕಿವಿಗೆ ಒಟ್ಟು ಕೇಳುವುದರಿಂದ "ಗ್ರಹಿಕೆ" ಗ್ರಹಿಕೆಯಿಂದ ಮಾತ್ರ "ಕಲಿಕೆ". ಸಂತೆಯಲ್ಲಿ ಸಾವಿರಾರು ಶಬ್ದಗಳು ನಮ್ಮ ಕಿವಿಯ ಮೇಲೆ ಬಿದ್ದರೂ "ಐದು ರೂಪಾಯಿಗೆ ನಾಲ್ಕು, ಐದು ರೂಪಾಯಿಗೆ ನಾಲ್ಕು" ಅನ್ನುವ ಕೂಗು ನಮ್ಮ ಗಮನ ಸೆಳೆಯುವುದು, ನಾವು ಗಮನ ಕೊಟ್ಟು ಕೇಳಿದ್ದರಿಂದ ಮಾತ್ರ. **Hearing with attention is listening; listening leads to learning** - ಇದು ಕಲಿಕೆಯ ಮೊದಲ ಮತ್ತು ಕಡೆಯ ಸೂತ್ರ. ಕಲಿಕೆಯು ಹೇಗೆ ಆಗುತ್ತದೆ ಅನ್ನುವುದಕ್ಕೆ ಸಂಸ್ಕೃತ ದಲ್ಲಿ ಒಂದು ಸುಂದರ ಶ್ಲೋಕ ಇದೆ

**ಆಚಾರ್ಯಾ ಪಾದಮಾದಪತ್ಯೆ !
ಪಾದಂ ಶಿಷ್ಯ ಸ್ವಾಮೇಧಯಾಂ |
ಪಾದಂ ಸ ಬ್ರಹ್ಮಚಾರಿಭೃತಃ |
ಪಾದಂ ಕಾಲ ಕ್ರಮೇಣಾಪಃ.**

ಡಾ. ಹೆಚ್. ಎಸ್. ಸುರೇಶ್
ಮೊ: 9448 02 7400



ಶಿಕ್ಷಣದ ಕಾಲ ಭಾಗ ಗುರುಗಳಿಂದ, ಕಾಲ ಭಾಗ ಸ್ವಂತ ಅಧ್ಯಯನದಿಂದ, ಕಾಲ ಭಾಗ ಸಹಪಾಠಿಗಳಿಂದ ಉಳಿದ ಕಾಲ ಭಾಗ ಕಾರ್ತವ್ಯದಿಂದ ನಡೆಯುತ್ತದೆ ಅನ್ನುವುದರಲ್ಲಿ ಕಲಿಕೆ ಒಂದು ಜೀವನ ಪರ್ಯಂತದ ಸಾಧನೆ ಅನ್ನುವ ಅರ್ಥವಾಗುತ್ತದೆ.

ಇದರಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿ, ವಿದ್ಯಾರ್ಥಿನಿಯರು ಹಾಗೂ ಅವರ ಪ್ರೇರೇಷಕರು ಗಮನಿಸಬೇಕಾದ ಸಂಗತಿ ಅಂದರೆ ನಮ್ಮ ಮಕ್ಕಳನ್ನು ಕಾಲ ಭಾಗ ರೂಪಿಸುವ ಅವರ ಸಹಪಾಠಿಗಳು ಯಾರು ? ಎಂಥವರು ? ಯಾವ ಮಕ್ಕಳುಗಳನ್ನು ಹೊಂದಿರುವವರು ? ಯಾವ ಆಸಕ್ತಿಗಳನ್ನು ಉಳ್ಳವರು ? ಅವರ ಅಭ್ಯಾಸ - ಮರಾಛಾಸಗಳು ಯಾವುವು ? ಅವರ ಚರಿತ್ರೆ ಮತ್ತು ಚಾರಿತ್ರ್ಯ ಎಂಥದು ? ಮುಂತಾದವುಗಳು. A man is known by the company he keeps ಅನ್ನುವುದು ಇದೇ ಅರ್ಥದಲ್ಲಿ, ಇದೇ ಕಾರಣಕ್ಕಾಗಿ.

ಕಾಲೇಜುಗಳಲ್ಲಿ ತಮ್ಮ ತಮ್ಮ ಮನೋಭಾವನೆ ಮತ್ತು ಆಗತ್ಯಗಳಿಗೆ ಅನುಗುಣವಾಗಿ ವಿದ್ಯಾರ್ಥಿಗಳು ಪಟ್ಟೇತರ ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ಭಾಗವಹಿಸಲಿ ಅನ್ನುವ ಉದ್ದೇಶದಿಂದ ಎನ್.ಸಿ.ಸಿ. ರೋವರ್ಸ್ - ಲೇಂಜರ್ಸ್, ಎನ್.ಎಂ.ಎಸ್. ಯುವ ರೆಡ್ ಕ್ರಾಸ್, ಕಲಾ, ಕ್ರೀಡಾ, ಸಾಹಿತ್ಯಿಕ, ಸಾಂಸ್ಕೃತಿಕ, ಅವಕಾಶಗಳಿರುತ್ತವೆ. ಇವೆಲ್ಲವೂ ಅವರ ವ್ಯಕ್ತಿತ್ವ ವಿಕಾಸಕ್ಕೆ ಸಹಾಯಕವಾಗುತ್ತವೆ.

Every District and the Taluka Red Cross Branch have a crucial role to play in helping the vulnerable in public health emergency.

RED CROSS RESPONSE IN BAGALKOTE DISTRICT DURING COVID-19

- The team of IRCS, Bagalkote District Branch, Karnataka, has been working tirelessly on the frontline of the COVID19 relief and recovery response.
- Besides, 28,000 masks among migrant workers.
- 9,000 energy drinks and 2,000 soaps were distributed among the needy people in the district.
- The district branch also mobilized 6 vehicles to disseminate information on COVID-19 safety precautions in 6 talukas namely Bagalkote, Bilagi, Badami, Hunagund, Mudhol, Jamakhandi, Rabakavi-Banagatti talukas in the district covering 104 Gram Panchayaths in the district.
- 40,000 handbills were distributed in the district to disseminate the accurate information among the general public.

Assistance provided by IRCS, KSB

Energy Drinks	: 9000 pkts
Masks	: 2200 nos
Soaps	: 2000 nos
Tarpaulin sheets	: 100 nos
Kitchen Sets	: 100 nos
Mosquito nets	: 100 nos
Raincoats	: 25 nos



YOUTH RED CROSS IMPACT ON YOUNG MINDS



Dr. Umadevi

Youth Red Cross Program
Officer,
Govt. First Grade College,
Vijayanagar, YRC Unit,
Bangalore Urban District.

Youth Red Cross aims at

- Encouraging community service through training and education.
- Promoting international friendship with activities that cultivate a humanitarian spirit.
- Provides Technical support in the development of youth programs, fund-raising, identification of material and human resources.
- The Youth Red Cross Unit aims to have young people recognized by societal leadership as equal partners who address the needs of the most vulnerable.

The objectives of the Youth Red Cross is to teach younger the value of life and health, as well as the importance of respecting human dignity. The Youth Red Cross aims to teach its members to "Notice, Think and Act". It does so by providing activities relating to the following three areas: "Protecting of life and health" (protecting a human life regardless of race, ethnicity and/or religion, and promoting health and hygiene), "volunteer services" (community and humanitarian service) and "International Understanding and Friendship" (International sensitivity i.e. teaching youth how to be sensitive to and adaptable in other cultures).

PULSE OF YRC VOLUNTEER



Dr. Rohit Pannaogan

Youth Red Cross,
Volunteer,
RMES College of
Pharmacy, Kalaburagi
affiliated to
Rajiv Gandhi University of
Health Sciences, Bengaluru.

I am privileged to work in this esteemed organisation as a youth volunteer and I am glad to share my experience which I would wish to inspire many more youths to participate in this extremely adorable Indian Red Cross Society, Karnataka State Branch, Youth Red Cross Wing (YRC).

As a youth, it is very important to build a personality which includes passion, compassion, empathy, being decisive during critical times, to serve our nation with good deeds and evolve as a good leader who could make a positive impact on others life.

YRC has given me a beautiful platform to showcase about myself. Being Volunteer inspires me to involve myself actively to new experiences which has created a great impact in my personality and has helped me to mould myself to be a responsible citizen and a great human being to forecast my compassion towards the vulnerable and needy. It has helped me to develop friendly, encouraging, environment around me and has strengthened my leadership skills to a great extent.

ಪಾಕ್ಷಿಕದ ಬಗೆಗಿನ ಓದುಗರ ಪ್ರತಿಕ್ರಿಯೆ



ಪ್ರಕಾಶ್ ಬಿ. ಬೆನ್ನಿ

ಓದುಗರು, ಬೆಂಗಳೂರು ನಗರ ಜಿಲ್ಲೆ.

ಭಾರತೀಯ ರೆಡ್ ಕ್ರಾಸ್ ಸಂಸ್ಥೆ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆಯ ಈ ಪಾಕ್ಷಿಕವು ಎಲ್ಲಾ ರೆಡ್ ಕ್ರಾಸ್ ಕಾರ್ಯಚಟುವಟಿಕೆಗಳನ್ನು ಬಿತ್ತರಿಸಿ ದಾಖಲೆ ಮಾಡುತ್ತಿರುವುದು ನಿಜಕ್ಕೂ ನಮ್ಮತಹ ರೆಡ್ ಕ್ರಾಸ್ ಕುಟುಂಬ ಸದಸ್ಯರಿಗೆ ಬಹಳಷ್ಟು ಸಂತೋಷ ತಂದಿದೆ.

ಈ ಕಾರ್ಯಕ್ರಮವು ರೆಡ್ ಕ್ರಾಸ್ ಸ್ವಯಂಸೇವಕರನ್ನು ಪ್ರೇರೇಪಿಸಿ ಕಾರ್ಯಚಟುವಟಿಕೆಗಳಲ್ಲಿ ದಕ್ಷತೆ ಮತ್ತು ಪರಿಣಾಮಕಾರಿತ್ವವನ್ನು ಕಾಯ್ದುಕೊಳ್ಳುವಲ್ಲಿ ಸಹಾಯ ಮಾಡುವುದಷ್ಟೇ ಅಲ್ಲದೇ, ಅತ್ಯುಪಯುಕ್ತವಾದ ಪ್ರಚಲಿತ ಲೇಖನಗಳು ಮತ್ತು ರಾಷ್ಟ್ರ ಅಂತರಾಷ್ಟ್ರೀಯ ಮಟ್ಟದಲ್ಲಿನ ಉತ್ತಮ ರೆಡ್ ಕ್ರಾಸ್ ಸೇವಾ ಕಾರ್ಯಕ್ರಮಗಳ ಪ್ರಕಟಣೆಯು ಕರ್ನಾಟಕದಲ್ಲಿನ ಯುವ ರೆಡ್ ಕ್ರಾಸ್ ಸ್ವಯಂಸೇವಕರಿಗೆ ಜಿಲ್ಲಾ / ತಾಲ್ಲೂಕು ಶಾಖೆಗಳಿಗೆ ಸಮುದಾಯಗಳಿಗೆ ಸೇವೆ ಸಲ್ಲಿಸಲು ದಿಕ್ಕುಬಿಡಿ ನೀಡುತ್ತದೆಂಬ ಆಶಾ ಭಾವನೆಯಿಂದ ರಾಜ್ಯ ಶಾಖೆಗೆ ಅಭಿನಂದನೆಗಳನ್ನು ತಿಳಿಸುತ್ತೇನೆ.

We are excited to share your thoughts in our fortnightly communicate too!

We request, Red Cross members, volunteers / YRC Program Officers to share your experiences with us

at yrckar@gmail.com ☎ +91 9538330511

|| ಈ ಜಗತ್ತು ನಮ್ಮ ಅಭಿಪ್ರಾಯ, ಅನಿಸಿಕೆಗಳಿಂದ ಬದಲಾಗುವುದಿಲ್ಲ. ಆದರೆ ನಮ್ಮ ಕೆಲಸ ಅಥವಾ ಸಾಧನೆಗಳಿಂದ ಬದಲಾಗುತ್ತದೆ. ||

Around the world, Red Cross in Action!



Philippine Red Cross

"From start to finish, #RedCross is there to help and give assistance wherever and whenever we are needed."

After rescuing residents who were trapped during the floods, volunteers are back to help clear the streets of mud and debris.



Source: Twitter @philiredcross

Myanmar Red Cross

#Myanmar #RedCross volunteers waiting for Myanmar nationals returning from #Thailand after released from Thai prison to provide #dignity kits, hygiene kits, clothes, and #cash for food and travel Down pointing backhand index

A great way to welcome back migrants and help them stay safe & feel supported.



Source: Twitter @MyanmarRedCross



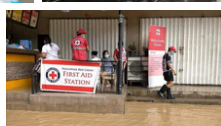
Philippine Red Cross

To ensure continuity of access to health services, #RedCross has installed an emergency medical tent beside Eastern Bicol Medical Center to be used as OPD and ER since the hospital's ER was also affected by #RollyPH.

#AlwaysFirstAlwaysReadyAlwaysThere



#Philippines #RedCross teams are working hard to meet the immediate needs of people affected by #TyphoonGoni even as another storm heads towards the same region.



Finding ways to reach the most vulnerable.

After Typhoon #RollyPH, the Philippine Red Cross, together with DPWH, took action to immediately clear roads of debris and make it accessible for assistance to reach communities and provide those affected with basic needs.





Handwashing

Proper hygiene stops the spread of the virus.

#StopTheSpread

Source:

World Health Organization

01

Wet your hands before applying soap.



02

Bring your palms together and rub soap all over the palms and backs of your hands, including between the fingers.



03

Wash your hands for at least 20 seconds.



04

Wipe your hands with a clean towel or paper towel and avoid rubbing too vigorously.



Keep Your Workplace Safe!



Practice good hygiene



Stop hand shakes and use **non-contact** greeting methods



Clean hands at the door and schedule **regular hand washing** reminders



Disinfect surfaces like doorknobs, tables, and desks regularly



Avoid touching your face and cover your coughs and sneezes



Increase ventilation by opening windows or adjusting air conditioning

Limit meetings and non-essential travels

Use **video conferencing** instead of face-to-face meetings

When video calls are not possible, hold your meetings in **well-ventilated rooms** and spaces

Suspend all non-essential travels and trips



Stay home if...

- You are feeling sick
- You have a sick family member at home



Take care of your emotional and mental well-being

Outbreaks are a stressful and anxious time for everyone. We're here to support you! Reach out to ircskar@gmail.com anytime.



FORTNIGHTLY GLIMPSES



Volunteers of IRCS Bagalkote District Branch



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